



# Alberni-Clayoquot Regional Hospital District

## BOARD OF DIRECTORS MEETING

WEDNESDAY, AUGUST 13, 2014, 1:30 P.M.

Regional District Board Room, 3008 Fifth Avenue, Port Alberni, BC

## AGENDA

---

	PAGE #
<b>1. <u>CALL TO ORDER</u></b> <i>(immediately following the ACRD Board Meeting)</i>	
<b>Recognition of Traditional Territories.</b>	
<b>2. <u>APPROVAL OF AGENDA</u></b> <i>(motion to approve, including late items requires 2/3 majority vote)</i>	
<b>3. <u>ADOPTION OF MINUTES</u></b>	
a. <b>Board of Directors Meeting – July 9, 2014</b>	<b>3-6</b>
<i>THAT the minutes of the Alberni-Clayoquot Regional Hospital District Board of Directors held on July 9, 2014 be adopted.</i>	
<b>4. <u>PETITIONS, DELEGATIONS &amp; PRESENTATIONS (10 minute maximum)</u></b>	
<b>5. <u>CORRESPONDENCE FOR ACTION</u></b>	
<b>6. <u>CORRESPONDENCE FOR INFORMATION</u></b>	
a.     Ministry of Health-July 4, 2014- Terry Lake, Minister-Thank you letter-Proactive in promoting good health-Paramedicine opportunities in Port Alberni	<b>7-10</b>
b.     Island Health-August 1, 2014-Tim Orr, Director, Residential & Contracted Services-Thank you letter-Support for Westcoast Native Health Care Society in their desire to build residential care beds in Tofino	<b>11</b>
c.     Island Health/First Nations Health Authority-Partnership promotes nurse practitioner role in Aboriginal Health	<b>12-15</b>
<b>7. <u>REQUEST FOR DECISIONS &amp; BYLAWS</u></b>	
<b>8. <u>REPORTS</u></b>	
a.     Bamfield Outpost Hospital – E. Geall	
b.     Alberni-Clayoquot Continuing Care Society – J. McNabb	

- c. Island Health Capital Planning Committee – P.Cote/C. Solda
- d. West Coast Native Health Care Society – P. Cote
- e. Tofino General Hospital – J. Osborne/B. Irving
- f. Alberni-Clayoquot Health Network – P. Cote
- g. Other Reports

*THAT the Regional Hospital Board of Directors receives the verbal reports.*

9. **UNFINISHED BUSINESS**

10. **LATE BUSINESS**

11. **QUESTION PERIOD**

12. **ADJOURN**



# Alberni-Clayoquot Regional Hospital District

## MINUTES OF THE BOARD OF DIRECTORS MEETING HELD ON WEDNESDAY, JULY 9, 2014

Regional District Board Room, 3008 Fifth Avenue, Port Alberni, BC

---

**DIRECTORS PRESENT:** Penny Cote, Chairperson, Chairperson, Electoral Area "D" (Sproat Lake)  
Cindy Solda, Vice-Chair, Councillor, City of Port Alberni  
Eric Geall, Electoral Area "A" (Bamfield)  
Mike Kokura, Electoral Area "B" (Beaufort)  
Tony Bennett, Electoral Area "C" (Long Beach)  
John McNabb, Electoral Area "E" (Beaver Creek)  
Jack McLeman, Councillor, City of Port Alberni  
Josie Osborne, Mayor, District of Tofino  
Bill Irving, Mayor, District of Ucluelet  
Alan McCarthy, Member of Legislature, Yuułuꞵitꞵath Government  
Wilfred Cootes, Councillor, Uchucklesaht Tribe Government

**REGRETS:** John Jack, Councillor, Huu-ay-aht First Nation  
Alternate Director, Lindsay Rodgers, Electoral Area "F" (Cherry Creek)

**STAFF PRESENT:** Russell Dyson, Chief Administrative Officer  
Andy Daniel, Manager of Environmental Services  
Andrew McGifford, Accountant  
Alex Dyer, Planner  
Wendy Thomson, Manager of Administrative Services  
Shellie Lyle, Administrative Assistant

### 1. CALL TO ORDER

The Chairperson called the meeting to order at 3:05 pm.

**The Chair recognized the meeting this afternoon is being held in the Tseshaht First Nation and the Hupacasath First Nation Traditional Territories.**

### 2. APPROVAL OF AGENDA

*MOVED: Director Solda*

*SECONDED: Director Irving*

*THAT the agenda be approved as circulated with the addition of a late item from Rainbow Gardens (Tsawaayuus) regarding a request for a support letter.*

**CARRIED**

### 3. ADOPTION OF MINUTES

**a. Board of Directors Meeting – June 11, 2014**

*MOVED: Director Geall*

*SECONDED: Director McLeman*

*THAT the minutes of the Alberni-Clayoquot Regional Hospital District meeting held on June 11 be adopted.*

**CARRIED**

**4. PETITIONS, DELEGATIONS & PRESENTATIONS**

**a. Mayor John Douglas, City of Port Alberni regarding Community Paramedicine Pilot Project in Port Alberni.**

Mayor Douglas provided a hand out on the Community Paramedic Programs Count of Renfrew Paramedic Service and an introduction to the pilot project. Dr. Williams Chief of Staff at WCGH, Ms. Stevenson and Ms. Gentleman from the Integrated Health Network spoke to support the Community paramedicine pilot program.

*MOVED: Director Bennett*

*SECONDED: Director McLeman*

*THAT the Board of Directors send a letter in support of the Community Paramedicine Pilot Project to the Minister of Health, Island Health and BC Emergency Health Services.*

**CARRIED**

**5. CORRESPONDENCE FOR ACTION**

**a. Rainbow Gardens (Tsawaayuus), July 8, 2014 regarding a request for a letter of support for the Westcoast Native Health Care Society's plan to build and operate a Residential Care Facility in Tofino, BC.**

*MOVED: Director Irving*

*SECONDED: Director Solda*

*THAT the Board of Directors send a letter to Island Health in support of the Westcoast Native Health Care Society's plan to build and operate a Residential Care Facility in Tofino, BC.*

**CARRIED**

**6. CORRESPONDENCE FOR INFORMATION**

**a. ISLAND HEALTH**

Island Health Receives Three Excellence in BC Health Care Awards.

*MOVED: Director McNabb*  
*SECONDED: Director Solda*

*THAT the above noted correspondence be received.*

**CARRIED**

## **7. REQUEST FOR DECISIONS & BYLAWS**

### **a. Request for Decision regarding Finance Warrant No. 474.**

*MOVED: Director Irving*  
*SECONDED: Director McNabb*

*THAT the Regional Hospital District Board of Directors approves Finance Warrant Number 474 in the amount of \$455,839.77 dated June 30, 2014.*

**CARRIED**

## **8. REPORTS**

### **a. Bamfield Outpost Hospital – E. Geall - No Report**

### **b. Alberni-Clayoquot Continuing Care Society – J. McNabb**

Director McNabb reported he attended the ACCCS meeting where the 2013 Financial Report was accepted and the appointment of auditors.

### **c. IH Capital Planning Committee – P. Cote/C. Solda**

Chairperson Cote reported she and the Financial Manager attended the IH Capital Planning Committee Meeting.

### **d. West Coast Native Health Care Society – P. Cote - No Report**

### **e. Tofino General Hospital – J. Osborne/B. Irving - No report**

### **f. Alberni-Clayoquot Health Network – P. Cote**

Chairperson Cote reported the next meeting is Thursday, July 31.

### **g. Other Reports**

Director Bennett reported there are many outside specialists coming to the Tofino Hospital for outreach, ear, nose throat specialists, pediatricians as examples.

*MOVED: Director Osborne*

*SECONDED: Director Solda*

*THAT the Regional Hospital Board of Directors receives Reports a-g.*

**CARRIED**

**9. UNFINISHED BUSINESS**

**10. LATE BUSINESS**

**11. QUESTION PERIOD**

**12. ADJOURN**

*MOVED: Director Solda*

*SECONDED: Director Osborne*

*THAT this meeting be adjourned at 3:38 pm.*

**CARRIED**

Certified Correct:

---

Penny Cote,  
Chairperson

---

Russell Dyson,  
Chief Administrative Officer



RECEIVED  
JUL 04 2014  
CITY OF PORT ALBERNI

JUN 30 2014

1006709

His Worship John Douglas  
Mayor of the City of Port Alberni  
4850 Argyle St  
Port Alberni BC V9Y 1V8

Dear Mayor Douglas:

Thank you for your recent letter suggesting that the Ministry of Health (the Ministry) work more closely with the City of Port Alberni and the Regional District in order to pursue efficiencies and develop pilot projects focused on improving health and wellness for the residents of Port Alberni.

I commend you on being proactive in promoting good health for the residents of your community and in actively seeking ways this might be accomplished.

I realize that for patients requiring specialized health care services, travel can be draining, both physically and emotionally. Government has given the health authorities the flexibility and mandate to make decisions about how and where to best deliver health care, maintenance and employment services to meet the needs of their communities. Health authorities are accountable for looking at all opportunities to deliver these services in the most cost-effective manner possible, and sustainability is the key factor in ensuring prudent use of the resources available.

One of our Government's priorities is implementing an integrated and team-based approach to providing patient-centered care in a way that ensures health services and resources meet the needs of individual communities. We believe that ambulance services and paramedics are a key component of the solution. I have shared your request regarding potential community paramedicine opportunities in the Port Alberni area with Ms. Nikki Sieben, Chief Transformation Officer, BCEHS. For further discussion you may wish to contact Ms. Sieben by email at: Nikki.Sieben@bcehs.ca, or by phone at: 250 952-6133.

I understand you recently met with Vancouver Island Health Authority's (Island Health's) Chief Operating Officer. As you may be aware, Island Health has been working with community stakeholders in the Alberni-Clayoquot health area for several months to improve understanding of the health status and determinants of health of residents, identify health care system challenges, and determine how the health care system and collaboration with health care and community partners might need to evolve to better meet the needs of communities.

...2

Ministry of  
Health

Office of the  
Minister

Mailing Address:  
PO Box 9050 Stn Prov Govt  
Victoria BC V8W 9E2

Location:  
Parliament Buildings  
Victoria

ENTERED

7

F.13

In order to improve the population health and health care services in the area, Island Health is considering population needs with a focus on vulnerable populations. It is also looking at local and geographic realities, service sustainability (including financial and human resources), emerging priorities for both Island Health and the Ministry, collaboration and integration, including with non-Island services, and prevention and health promotion.

Additionally, Island Health is currently engaged in community health planning with our health programs and services as well as community stakeholders to inform planning for future service delivery models in Port Alberni that include chronic disease management. As Island Health continues with their planning process, I'd like to bring to your attention a number of existing services that may be of interest to you and your community.

There is a Diabetes Education program in West Coast General Hospital, and the Ministry provides information online about self-monitoring of blood glucose at: <http://www.medmatters.bc.ca/info-public/smbg.html>. This website explains that people with type 2 diabetes who are not using insulin do not need to test their blood sugar levels as frequently as those who do. It goes on to explain why testing is important and when to test.

The Heart and Stroke Foundation provides information about blood pressure monitoring on their website at: [http://www.heartandstroke.bc.ca/site/c.kpIPKXOyFmG/b.3644465/k.D049/Heart\\_Disease\\_\\_High\\_blood\\_pressure\\_hypertension.htm](http://www.heartandstroke.bc.ca/site/c.kpIPKXOyFmG/b.3644465/k.D049/Heart_Disease__High_blood_pressure_hypertension.htm)

As you may be aware, an integral part of the Healthy Families BC Strategy, launched in May 2011, is bringing local governments, non-governmental organizations and health authorities together in innovative ways to create environments that encourage people to make the healthy choice the everyday, easy choice. The PlanH Program, developed in partnership with the Ministry and delivered through the BC Healthy Communities Society, supports local government engagement and partnerships across sectors for creating healthier communities. PlanH also provides learning opportunities, resources and leading-edge practices for collaborative local action. Community success stories are shared with other local governments across the province online at: <http://www.planh.ca>.

In 2013, the Alberni-Clayquot Regional District was one of 67 communities to receive a Healthy Communities Capacity Building Grant through the PlanH Program. The grant was used to host a "Health is Everyone's Business" workshop on May 9, 2014, and I understand it was a success.

By subscribing online to PlanH e-news, city staff can access information, event announcements and resources that are of special interest to local governments, and receive the latest information about provincial funding opportunities that support local government leadership in "good health activities" such as physical activity, healthy eating and tobacco reduction.

The Ministry has also invested in the development of an Exercise Is Medicine BC program that is currently in the piloting and development stages. A key component of the program is developing training materials that will be made available to health professionals across BC to provide further training on the importance of assessing, monitoring and counselling patients in physical activity, as well as connecting patients to existing community resources and programs.

A key support for the Exercise Is Medicine BC program is the Physical Activity Line (PAL), a free resource that offers evidence-based physical activity information and practical physical activity and healthy living guidance. PAL is staffed by Canadian Society for Exercise Physiology Certified Exercise Physiologists® (CSEP-CEP) who have advanced training in clinical exercise prescription. Staff can prescribe exercise to a variety of populations, including individuals with chronic medical conditions, as well as educate individuals regarding the inter-related natures of healthy lifestyle behaviours (e.g., the importance of healthy eating practices, avoidance of tobacco, etc.). PAL can be contacted by telephone toll-free at: 1 877 725-1149, or by email at: [info@physicalactivityline.com](mailto:info@physicalactivityline.com)

There are two key tobacco cessation programs that may be of interest to your community. The BC Smoking Cessation Program offers 12 weeks of approved smoking cessation medication per year. Information is available online at:  
<http://www.health.gov.bc.ca/pharmacare/stop-smoking/>.

Also, a wealth of information and tools can be accessed 24 hours a day through the QuitNow website at: <http://www.quitnow.ca>, or by dialing 811. There are excellent care coaches, videos and brochures, as well as a range of support through sites like the QuitNow Facebook page. For in-person support, the Island Health Tobacco Control Program has staff that can provide helpful information for those wishing to stop smoking (contact information at: <http://www.viha.ca/mho/tobacco>).

The Food Skills for Families (FSF) program, a partnership between government and the Canadian Diabetes Association through Healthy Families BC, teaches healthy eating and cooking skills with a focus on reaching Aboriginal, new immigrant, Punjabi, and low-income families, as well as seniors. The success of this program demonstrates that building cooking and food preparation skills among adults improves healthy eating behaviors for participants and families. In 2013/2014, the Nuu-chah-nulth Tribal Health Council and Tseshaht First Nations both hosted a FSF program.

The Farmers' Market Nutrition Coupon Program (FMNCP), also through Healthy Families BC in partnership with the BC Association of Farmers' Markets, provides subsidies in the form of coupons to low-income pregnant women, families with children, and seniors to buy select BC-produced foods at local farmers' markets. Coupon participants must receive nutrition and skill-building classes, like Food Skills for Families, to be eligible to receive coupons. In 2013/2014, 96 families representing 300 beneficiaries spent \$16,000 in coupons purchasing BC foods from local farmers at the Port Alberni Farmers' Market.

By increasing access to healthy foods linked to cooking and skill-building activities, government is fostering immediate behavioral changes that will improve health and decrease the burden of chronic disease.

The BC Government has worked closely with the restaurant industry to develop the Informed Dining program. Participating restaurants provide their guests with easy-to-access nutrition information for all standard menu items. Several Port Alberni businesses are participating in this program, including Subway, Boston Pizza, Starbucks and Tim Hortons.

Additionally, the *Healthier Choices in Vending Machines in B.C. Public Buildings Policy* outlines a minimum nutrition standard based on the most recent evidence and is a best practice policy guideline for providing healthier pre-packaged food and beverages. This policy, or a variation of it, can be voluntarily adopted in many community settings, including recreation centres. The policy can be expanded to include all pre-packaged foods offered in any given setting, not just those in vending machines.

Our government is also supporting the BC Recreation and Parks Association (BCRPA) to update their Stay Active, Eat Healthy program and supporting resources. BCRPA is engaging with recreation centres to assess their food and beverage environments and to develop and implement improvement plans for food and beverage practices and policies. Program resources are available to all recreation facilities in BC.

At the community level, the Ministry, through Island Health, can work with your staff and help support Port Alberni's healthy communities agenda by providing advice and expertise on health; acting as a resource for city staff and elected officials to develop healthy public policy; providing community health profiles; and facilitating opportunities and partnerships to work together on joint healthy living actions. The contact at Island Health is Dr. Paul Hasselback, Medical Health Officer, Central Island, and he can be reached at 250 739-6304 or by email at Paul.Hasselback@viha.ca.

Again, I applaud your leadership and continued interest in creating environments and opportunities that promote the better health and well-being of the citizens of Port Alberni.

Sincerely,



Terry Lake  
Minister

pc: Ms. Nikki Sieben  
Dr. Paul Hasselback

RECEIVED  
AUG - 7 2014

Excellent care, for everyone,  
everywhere, every time.



August 1, 2014

Ref# 15973

Penny Cote  
Chairperson  
Alberni-Clayoquot Regional District  
3008 Fifth Avenue  
Port Alberni, BC Y9Y 2E3

Dear Ms. Cote:

Thank you for your letter of July 10, 2014 expressing support for the Westcoast Native Health Care Society in their desire to build residential care beds in Tofino.

Island Health's ability to acquire additional residential care capacity is based on assessing the needs for this type of care and our ability to fund the additional capacity. At this time, Island Health does not have any plans to increase capacity within LHA 70. Island Health regularly reviews the needs of communities and may consider expanding residential care capacity in the future should additional funding be available.

It was communicated to the Westcoast Native Health Care Society (WCNHS) in a letter dated March 30, 2012 from Mr. Kevin Brewster, Executive Director, Capital Services branch of the Ministry of Health that there were no funds available and was confirmed by a response letter from the Westcoast Native Health Care Society dated April 13, 2012 in which they acknowledged

*"We confirm that the WCNHS understands we are responsible for all costs associated with the construction and operation of any facility constructed on the lands mentioned in the proposed lease. We understand that no funds from the BC Ministry of Health or the Vancouver Island Health Authority have been approved for this purpose."*

I appreciate you taking the time to write to me.

Sincerely,

Tim Orr  
Director, Residential & Contracted Services

## Loreen Brown

---

**From:** Wendy Thomson  
**Sent:** August-05-14 11:07 AM  
**To:** Loreen Brown  
**Subject:** FW: Island Health/First Nations Health Authority FYI: Partnership promotes nurse practitioner role in Aboriginal health

Hospital District Agenda  
W.

**From:** Penny Cote [mailto:coteart@shaw.ca]  
**Sent:** Tuesday, July 29, 2014 12:08 PM  
**To:** Wendy Thomson  
**Subject:** Fwd: Island Health/First Nations Health Authority FYI: Partnership promotes nurse practitioner role in Aboriginal health

Hi Wendy,  
For the Board agenda.  
Thanks,  
Penny

Begin forwarded message:

**From:** "Plank, Sarah" <Sarah.Plank@viha.ca>  
**Subject:** Island Health/First Nations Health Authority FYI: Partnership promotes nurse practitioner role in Aboriginal health  
**Date:** July 29, 2014 at 11:29:12 AM PDT  
**To:** "Plank, Sarah" <Sarah.Plank@viha.ca>

[viha.ca/news](http://viha.ca/news)



## FYI: promoting island health

FOR IMMEDIATE RELEASE  
July 29, 2014

### Partnership promotes nurse practitioner role in Aboriginal health

ISLAND WIDE – Island Health and the First Nations Health Authority are working together to increase the number of nurse practitioners (NPs) who provide care to First Nations communities and Aboriginal individuals and families.

"Nurse practitioners are an integral part of the health care system and this Island Health and First Nations Health Authority partnership will help find ways to ensure improved access to care for First Nations and Aboriginal communities," said Health Minister Terry Lake.

The First Nations Health Authority has provided a \$145,000 grant to Island Health to support hiring nurse practitioners and start-up of their practices.

"Nurse practitioners play an important role in delivering primary care services to First Nations communities in BC and this funding is intended to alleviate some of the cost pressures associated with the hiring and start-up of an NP practice," said Richard Jock, Vice-President of Policy, Planning and Strategic Services with the First Nations Health Authority.

Jock said the partnership with Island Health on initiatives like this provides opportunities for shared resources and to support and learn from NPs working in First Nations communities by engaging them in dialogue about best practices, lessons learned and challenges.

"The First Nations Health Authority values working closely with Island Health to improve health service delivery to First Nations communities on Vancouver Island, including opportunities like this that will result in more NPs serving BC First Nations individuals, families, and communities," Jock said.

A working group has been established to determine the most effective use of the grant. It may be used for cultural safety training, set-up costs, equipment, nurse practitioner mentoring and other costs that will enhance NP services to First Nations communities.

"This generous one-time contribution from the First Nations Health Authority is much appreciated," said Ian Knipe, Director of Aboriginal Health for Island Health.

Joanne Maclaren, chair of Island Health's Nurse Practitioner steering committee, said NPs are well-suited to meeting the needs of Aboriginal clients and patients. When recent hiring procedures are complete, Island Health will have 47 nurse practitioners across the region serving many populations, including a particular focus on primary health care.

"Nurse practitioners are nurses with advanced knowledge and clinical skills and provide a full range of primary health care," said Maclaren. "They are able to complete health assessments, diagnose illness, order lab tests and medications and refer to specialists. Often these activities occur in non-traditional medical settings such as Friendship Centres and homes and include families in health promotion and teaching."

Nurse practitioner Françoise Juneau finds it rewarding to provide care for Aboriginal patients at the Victoria Native Friendship Centre, Esquimalt First Nation, Scia'new First Nation at Beecher Bay and Pacheedaht First Nation in Port Renfrew.

"First Nations communities have been really supportive of the work that I do. People have been really open and accepting. I feel valued when I'm out in the communities," she said.

Juneau, who has Mi'kmaq and Montagnais ancestry, received a Master of Nursing from McGill University in Montreal and a Diploma in Outpost Nursing from Dalhousie University in Halifax on her way to becoming a nurse practitioner. She worked with Aboriginal clients in northwest Ontario and Manitoba before moving to Victoria to work as a Registered Nurse at the Cool Aid Community Health Centre.

Juneau is grateful to the Cool Aid Community Health Centre for supporting her transition to the role of nurse practitioner for Island health where she is one of four NPs who care

predominantly for First Nations and Aboriginal clients. Several more NPs provide outreach to First Nation communities.

Juneau welcomes the challenges of her role. "It's never boring. Every day is different. It's interesting – not just what we see clinically but also in the opportunity to work with families and the rest of the communities. I'm always learning something whether is about a community's history or through interesting conversations that I have."

Out of personal and professional interest, Juneau has educated herself about how historic events have created lasting traumas throughout the First Nations and Aboriginal population and how adversity and poverty contribute to long-term health problems.

Juneau is encouraged by the increased focus on Aboriginal health that she has seen in recent years.

"I'm becoming more optimistic. There's a lot more awareness, a lot more respect," she said.

-30-

**Cutline:** Maria Sampson receives care from nurse practitioner Françoise Juneau at Victoria Native Friendship Centre.

**South Island Media Inquiries**

Sarah Plank

Media Relations Manager

Phone: 250.727.4275

Email: [sarah.plank@viha.ca](mailto:sarah.plank@viha.ca)

**First Nations Health Authority Media Inquiries**

Trevor Kehoe

Communications Officer and Media Relations

First Nations Health Authority

604-831-4898

[trevor.kehoe@fnha.ca](mailto:trevor.kehoe@fnha.ca)

---

*This Island Health notice has been sent to media, MPs, MLAs, mayors, Island Health leaders, foundations and regional hospital district chairs on Vancouver Island. View online at [viha.ca/news](http://viha.ca/news).*

*If you no longer wish to receive Island Health news, please [click here](#) to request you be removed from the distribution list.*

**Sarah Plank** | Island Health Media Relations Manager  
office 250-727-4275 | mobile 250-213-9926  
email [sarah.plank@viha.ca](mailto:sarah.plank@viha.ca) | media pager 250-389-7317



**island health** [www.viha.ca](http://www.viha.ca)

