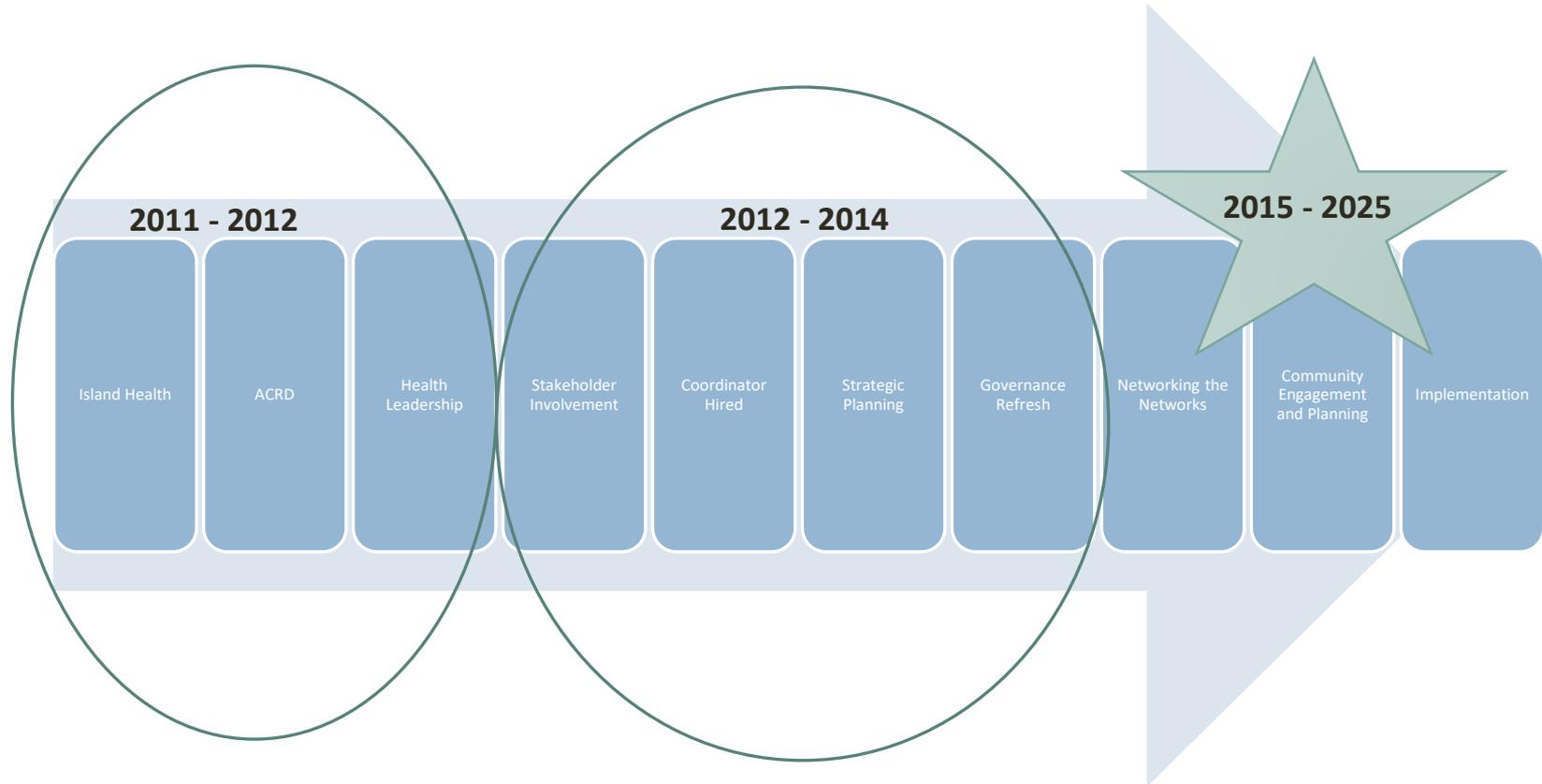




**ALBERNI CLAYOQUOT
HEALTH NETWORK**

ACHN History

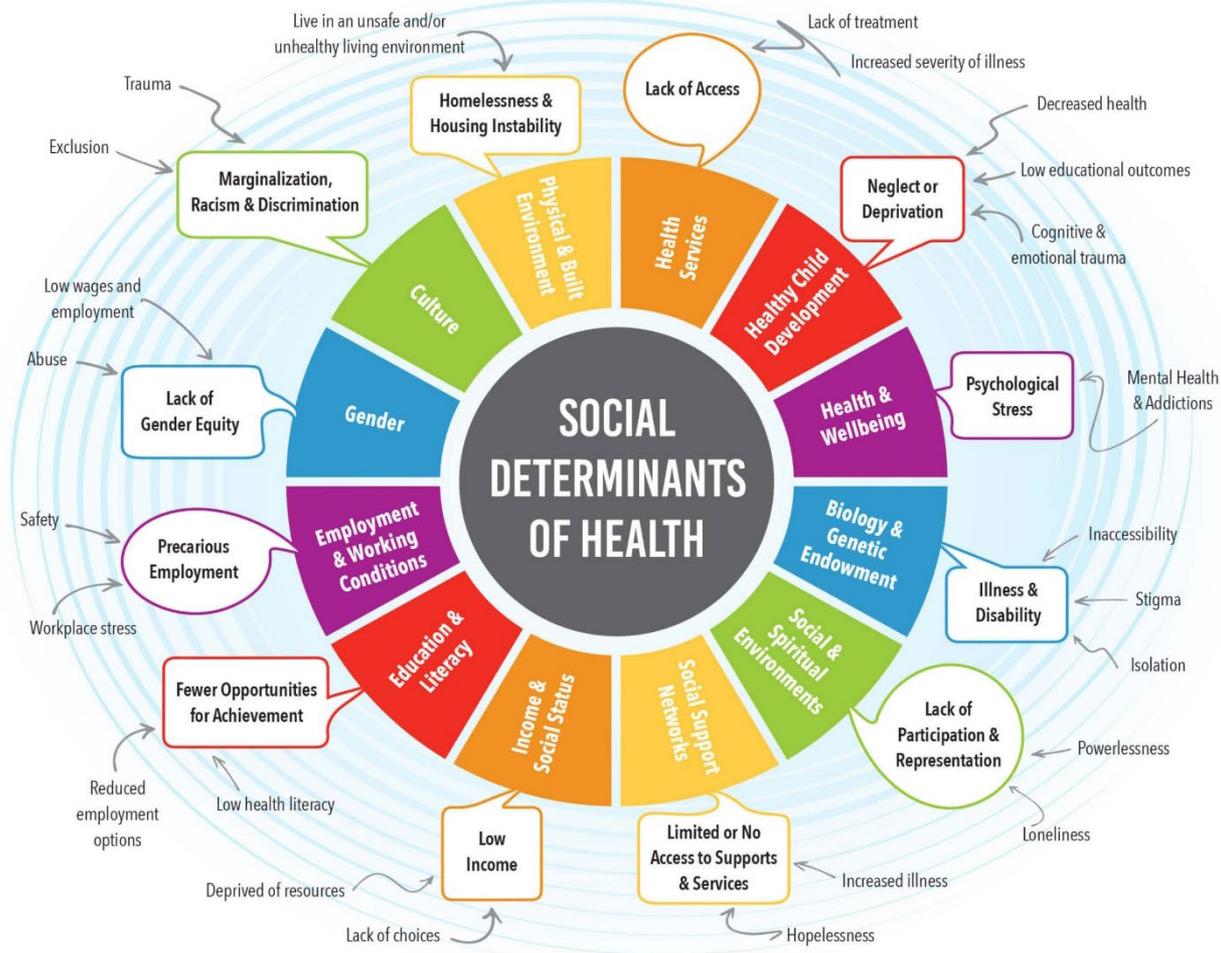


MISSION

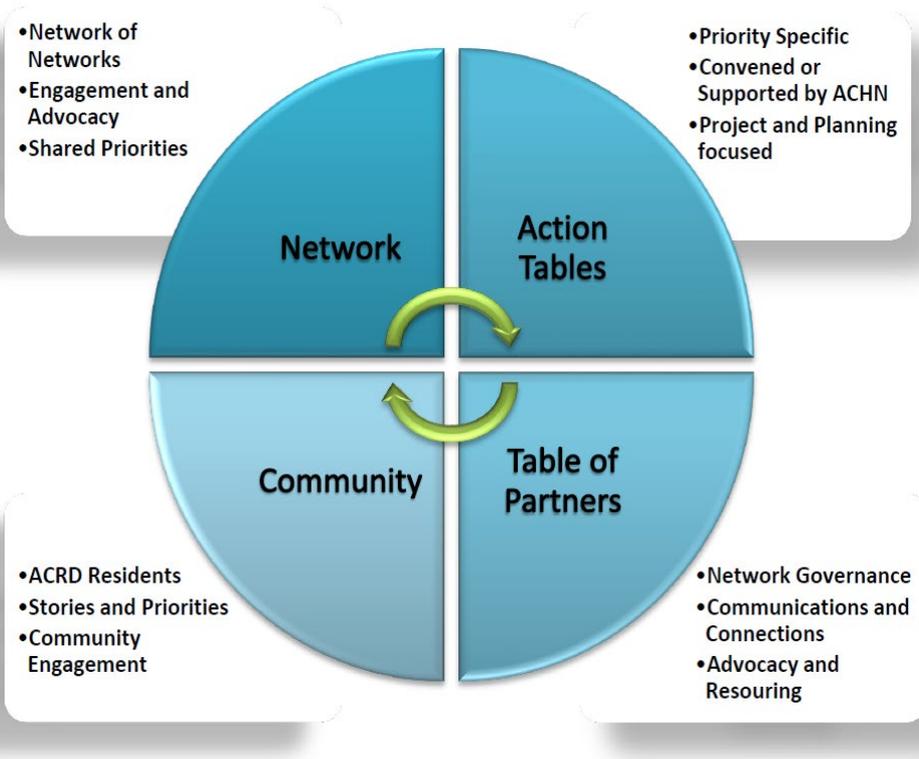
The Alberni Clayoquot Health Network is a community driven collective which builds partnerships and capacity through out the Alberni Clayoquot to effect action around complex social issues.

VISION

The Network builds a common understanding of the social determinants of health in the Alberni Clayoquot to envision systemic change and act around health equity, sustainable communities, and justice.



ACHN Structure



2025 TABLE OF PARTNERS REPRESENTATION

Alberni Clayoquot Regional District

Island Health – Public Health, Community Health Services/Clinical Operations

City of Port Alberni

BC Ambulance/ Community Paramedic

School District 70

RCMP Victims Services

Citaapi Mahtii Housing Society

Ridge View Health and Performance

Coastal Family Resource Coalition

Clayoquot Biosphere Trust

District of Ucluelet

Bamfield Community School Society

ADAPS Youth and Family Services

Sage Haven Society

West Coast RCMP Victims Services

ACHN Highlights

1. Targeted work to build awareness of and programs which create health in communities by addressing the Social Determinants of Health.
2. Identification of priorities and leadership around projects which had no identified leader present.
3. Resourcing priority areas and leveraging funds for project implementation.

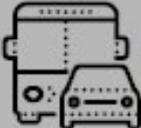
Healthy Connected People and Places

Alberni Clayoquot Health Network

Changing systems to increase health equity is work that takes time and effort. Through collaboration and regional planning the ACHN challenges our region to keep up the momentum to address complex social issues, one step at a time.

Transportation Planning

- 2014 Regional Transportation Consultation
- 2015 Transportation Planning to Action Meeting and Report
- West Coast Transportation Working Group



Transportation Action

- West Coast Wheels For Wellness Program Implementation
- Transportation Assets Map Development and Advocacy
- West Coast BC Transit System Planning Support
- Advocacy around transportation and health equity for healthy communities and regions.



Poverty Reduction

- Community Engagement from 2015 - Present
- Poverty Reduction Protocol with participation from MLA, MP and all Municipalities
- 2022 Building Prosperity in the Alberni Clayoquot - Poverty Reduction Action Plan



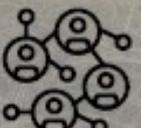
Regional Capacity Building

- Support four local Art of Hosting Training's to build capacity around hosting and facilitating
- Support for the West Coast Coming Together Health Forums
- Convening conversations that matter - from youth to housing and everything between



Network Development

- Effective consensus based governance model
- Imbedded community engagement and support mechanisms
- Priority around equity, community development and support for grassroots initiatives
- Ongoing support and engagement from all local levels of government



Want to Know More?

Check out our Planning and Governance Documents

- ACHN Plans, Governance Documents and Communications Plans
- Annual Reports
- Array of Regional Planning Reports conducted and/or supported by the ACHN and partners



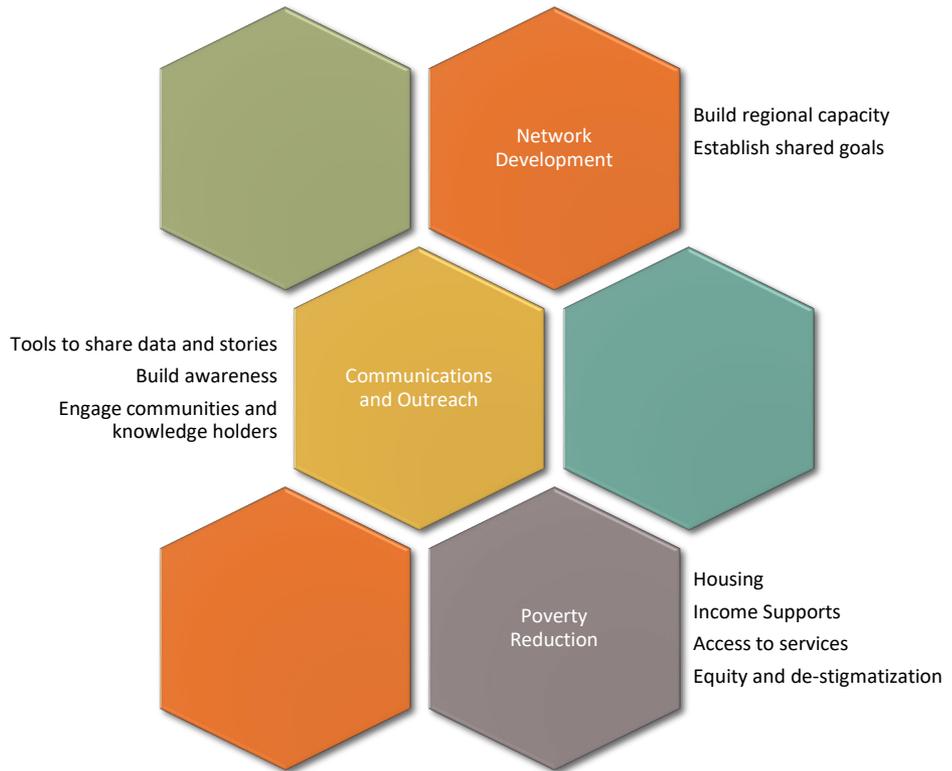
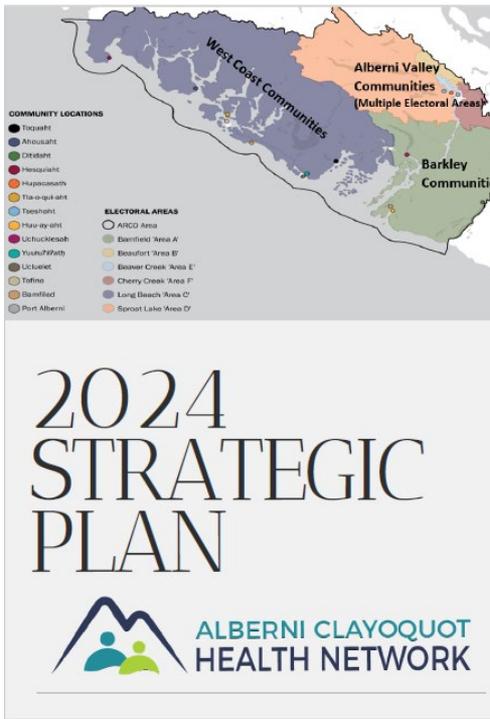
For more information and links to work in our region - www.achn.ca
Email the ACHN Coordinator - achn@acr.bc.ca



ALBERNI CLAYOQUOT
HEALTH NETWORK

Greatest Hits

2024 Strategic Plan



Network Development



Well functioning consensus-based model, leadership table meeting once per month

Island Health funding hosted through the ACRD

Consistent participation from community leadership

Ongoing engagement with communities and other community networks

Model which connects community data (access to quality data) with lived experience and community stories

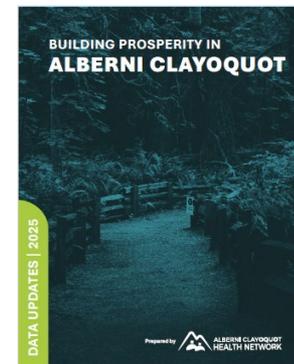
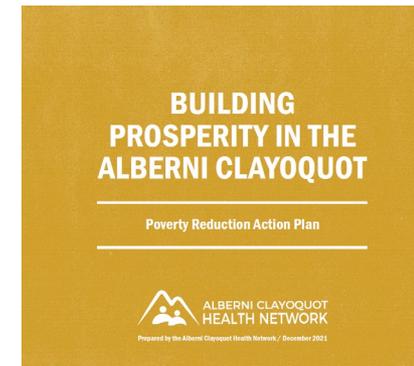
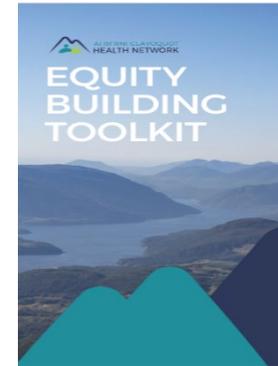
Island, provincial and national networks to enhance, support and advance priorities

New Executive Committee

Alberni Valley Continuum of Care Coalition

Poverty Reduction

- From 2017 to Present
- Planning, Reports and Action Plans
- Identification of 4 recommendation areas and target populations
- Network projects developed based on findings
 - Transportation and Access
 - Youth Capacity Building
 - Data updates and toolkits
- Leveraging funds for planning



2025 Poverty Reduction Data Updates

Data Updates for the 2022 Poverty Reduction Action Plan

- Report out on implementation highlights and successes
- Updated census info
- Updated issue areas and data points

The Alberni Clayoquot Regional District is a geographically diverse area which spans 594 km² and includes three municipalities, ten Nuu-chah-nulth First Nations and six electoral areas.

The ACRD is located in the traditional territories of the Nuu-Chah-Nulth speaking peoples, the ten Nations of the District, Haisla-yah, Hupacasath, Tsesahlt, Uchuckdesahlt, Ahousahlt, Hesquiaht, Tla-o-qui-ah, Toquaht, Yuułu'et'ih who have several communities within this region.

The ACRD includes the City of Port Alberni, municipalities of Ucluellet and Tofino as well as the six electoral areas of Bamfield, Beaufort, Long Beach, Sproat Lake, Cherry Creek, and Beaver Creek.

COMMUNITY LOCATIONS

- Tsekuil
- Ahousahlt
- District
- Hesquiaht
- Hupacasath
- Tla-o-qui-ah
- Thewaki
- Haislayah
- Uchuckdesahlt
- Nuu-Chah-Nulth
- Ukwilth
- Tofino
- Port Alberni

ELECTORAL AREAS

- ACRD Area
- Bamfield Area I
- Bamfield Area II
- Beaver Creek Area I
- Beaver Creek Area II
- Cherry Creek Area I
- Long Beach Area I
- Sproat Lake Area I

PAST
The Alberni Clayoquot Health Network (ACHN) received UBCM funding to produce the Building Prosperity in the Alberni Clayoquot - Poverty Reduction Action Plan in 2020. The plan was completed in 2021 and endorsed by local governments in 2022.

FUTURE
The ACHN will update data following release of the 2025 census to support communication and measurement.

PRESENT
To support measurement and reporting, ACHN is producing data snapshots to track and share progress on regional poverty reduction. These updates use 2021 census data and other sources to highlight recent trends and celebrate successes.

The 2025 Building Prosperity in the Alberni Clayoquot Progress Report brings together our past work with our future priorities.

Public Needs
A living wage is a calculation of a two parent, two child family with both parents working 40 hrs of work, one child in full time child-care and the two in afterschool care. It considers the Market Basket Index for necessities, transportation, education and a small contingency fund.

Living wage calculations provide us with useful opportunities to monitor income in the Alberni Clayoquot. We know that slow increases in wages and living costs are putting strain on the pockets of residents. Using the Bank of Canada Inflation Calculator, which calculates the consumer price index (CPI), we can demonstrate that Canadians experienced a 18.41% increase in consumer costs for the period between 2019 and 2024. As a result, we can demonstrate that Canadians need to see a 18.41% increase in their income to maintain the same standard of living.

LIVING WAGE*

Year	Alberni Valley	Westcoast Communities
2019	\$17.00	\$19.60
2024	\$20.86	\$27.40

*Net living wage required \$7

Inadequate housing is a socially recognized need that is essential to the well-being of individuals and communities. It is a violation of the right to adequate housing, which is a human right.

RESIDENTS SPENDING 30%+ OF INCOME ON HOUSING*

Municipality	2019		2021	
	Percent	Percent	Percent	Percent
ACRD	13%	14%	12%	10%
Port Alberni	12%	12%	12%	11%
Tofino	23%	23%	21%	21%
Ucluellet	23%	23%	25%	24%

2024 LIVING WAGE RENTAL CALCULATIONS

Municipality	1 bed		2 bed	
	Income	Income	Income	Income
Alberni Valley	\$176.78	\$188.89	\$193.04	\$202.94
Westcoast Communities	\$176.89	\$221.56	\$216.01	\$276.01

MARKET PRICE-ASSESSED SINGLE FAMILY HOME*

Municipality	2019		2024		% Change
	Price	Price	Price	Price	
Port Alberni	\$300,000.00	\$300,000.00	\$400,000.00	\$400,000.00	+33%
Tofino	\$400,000.00	\$400,000.00	\$500,000.00	\$500,000.00	+25%
Ucluellet	\$400,000.00	\$400,000.00	\$500,000.00	\$500,000.00	+25%

BUILDING PROSPERITY IN ALBERNI CLAYOQUOT

ISSUES | 2025

2025 Alberni Valley Living Wage

The Living Wage for Port Alberni is

\$22.60

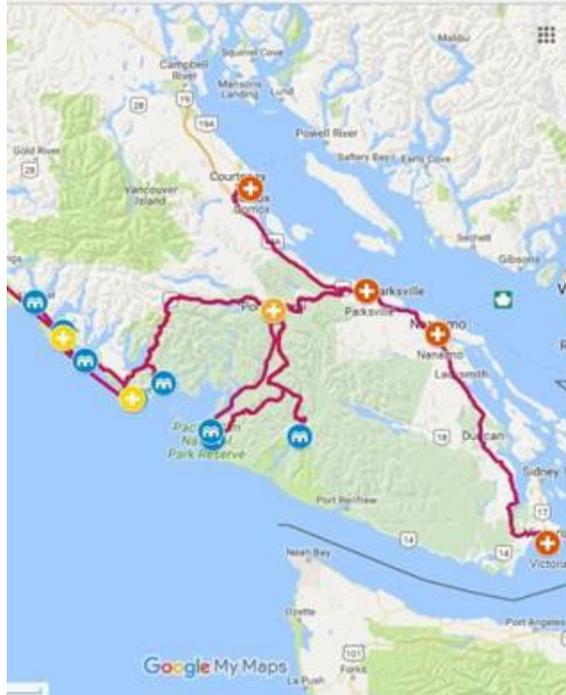
The living wage demonstrates the overall cost for a Canadian economic family to get by modestly but does not leave room for robust savings or extra's.

2025 Highlights:

- Living wage would be approx. \$2 less if there was a robust transit system and families could plan to have only one vehicle
- 2024 to 2025 saw a 3.6% increase from \$21.82 to \$22.60
- Living Wage calculations highlight the value and use of quality local programming and provincial/federal transfers aimed at affordability for families and young Canadians.

Transportation and Access - 2025

- BC Transit implementation in Westcoast System
- Alberni Valley interest in transit planning and advocacy as a collaborative project
 - Alberni Valley system
 - Alberni Valley connections to other systems
- Need for increased access/options for medical services





ALBERNI CLAYOQUOT BUILDING YOUTH FUTURES

"ENGAGE YOUTH VOICE AND LIVED EXPERIENCE TO BUILD CAPACITY, YOUTH BELONGING, AND SUPPORT"

CHANGES WE WANT TO SEE:

- Youth feel unsafe/disconnected within their community and at school. → Youth feel welcomed, safe, and have a sense of belonging within the school and community. Youth have access to supports if they do not feel this way.
- Programs servicing youth are under supported, and therefore struggle to sustain themselves. → There are a variety of stable youth programs in each community that have the support they need, including reliable financial support.
- Youth struggle with mental health and lack the resources and support they need. → There are a variety of easily accessible services in our region to support youth with mental health.
- Youth are using drugs and alcohol in unsafe ways with lack of education. → Youth are fully educated on their drug(s) of choice and have access to harm reduction supplies.
- Youth are disconnected from their culture and from the land. → Youth have opportunities to engage in cultural and outdoor activities and feel a connection to their natural environment.



WHERE ARE WE NOW?

Youth feeling that they belong in their community is down to 65% in 2018 from 74% in 2016**

31% of local youth admitted to vaping with/without nicotine in 2018**

In the past year, 10% of males and 26% of females had cut or injured themselves on purpose without the intention of killing themselves. Also, 19% had seriously considered suicide (vs. 12% in 2013) and 5% had attempted suicide during this time period**

In the past year, 21% of Central Vancouver Island youth had not received mental health services that they felt they needed. This rate was comparable to the province as a whole, and a local increase from 11% in 2013**

14% increase in kids stating they suffer from anxiety disorders and 9% increase in depression**

44% of youth reported being sexually harassed and 26% reported being physically sexually harassed in 2018**

HOW ARE WE PLANNING ON DOING THIS?

- Released \$130,000 in microgrants to increase capacity of existing programs.
- Help connect youth to already existing opportunities to increase sense of belonging and engagement.
- Empower youth voices through creation of youth leadership table and engagement opportunities.
- Build capacity in current programs and support new initiatives.
- Engage the community and stakeholders to prioritize youth needs.

Connect With us:



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Jaslyn Haberl
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**All statistics are from McCreary Reports and Vital Signs



Communities Building Youth Futures

- Last year of support for CBYF initiated Youth Facilitation team in Westcoast, Alberni Valley and Barkley Communities
- Key asset in successful regional foundry application for future youth services
- Ongoing youth programming and legacy – youth safe spaces, leadership tables
- Youth navigator/ foundry outreach
- Foundry partnerships and assistance.



On the Horizon - 2026

- Living Wage and Poverty Reduction presentations.
- Communications development.
- Alberni Valley transportation planning and advocacy.
- Communications and Engagement Plan update.



Search..



ALBERNI CLAYOQUOT
HEALTH NETWORK

ABOUT ACHN

RESOURCE DIRECTORY

OUR WORK

CONTACT

ALBERNI CLAYOQUOT HEALTH NETWORK

Healthy and Connected People and Places

Get in Touch

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