

Personal Emergency Preparedness



EMERGENCY & DISASTER MANAGEMENT



Emergency Management

4 pillars of emergency management:

- Mitigation
- Preparedness
- Response
- Recovery



Emergency Preparedness

Personal Preparedness:

- Builds community and regional resilience
- Reduces vulnerability to disaster impacts
- Is the foundation of emergency management



Preparedness can be
as simple as starting a
conversation about it.



Emergencies
can happen at
any time.

*Are you
prepared?*



Prepare today for a safe tomorrow

What if you:

- Didn't have electricity or water for several days or even 2 weeks?
- Had to leave your home on short notice?
- Were separated from your family. How would you communicate with them and reunite?
- Needed to get official information. Where would you find trusted and official information?



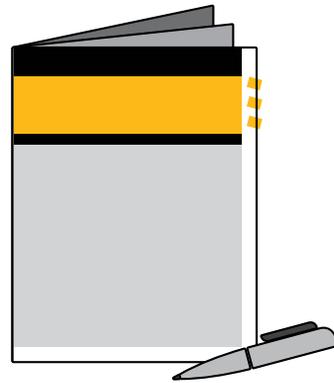
During a disaster, phone, gas, electrical and water services may be disrupted. Roads could be blocked, stores closed, and gas stations out-of-service or you may need to evacuate.

Are you prepared to cope with the impacts of a disaster?

3 Steps to Preparedness



Know your hazards



Make your plan



Gather your supplies



Step 1: Know your hazards

*Emergencies can happen anywhere.
But not every emergency happens everywhere.*



- Hazards vary depending on where you live
- Before you make an emergency plan, you need to know what you are planning for
- Understanding the risks will help you know how to prepare
- Plan for the emergencies that are most likely to occur in your area





Common Hazards in British Columbia



Floods



Disease Outbreaks



Landslides



Wildfires



Air Quality



Drought



Earthquakes



Power Outages



Hazardous Material Spills



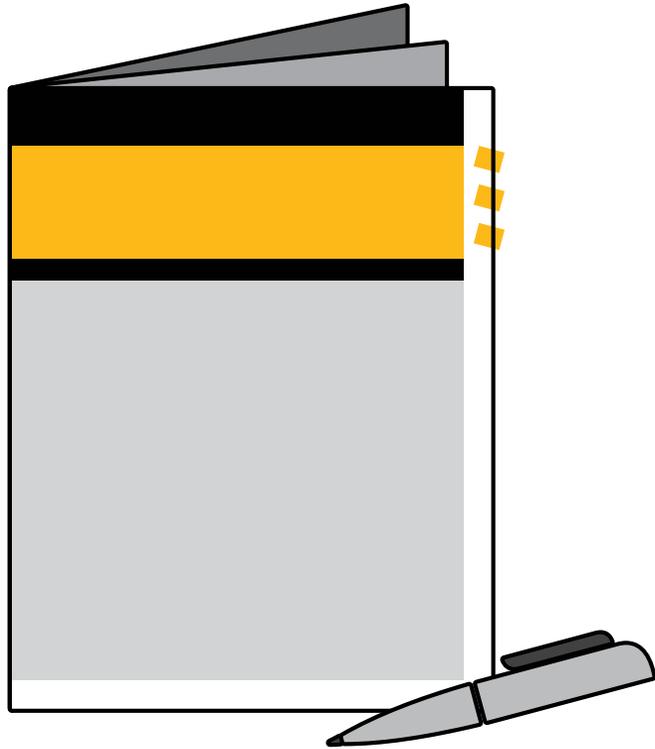
Tsunamis



Severe Weather



Step 2: Make a Plan



*Every household is unique.
Make a plan that is right for yours.*

- Reduce confusion and anxiety
- React quickly and safely
- Improve your recovery
- Reunite with your family and loved ones



Customize a plan to the unique needs of your home and everyone in it.



- ✓ Designate a meeting place
- ✓ Write down contact information and numbers
- ✓ Develop a communication plan to connect with loved ones
- ✓ Write down medications and health information
- ✓ Know your evacuation route
- ✓ Know where to get trusted information
- ✓ Know how to turn off utilities

Visit: www.preparedbc.ca/emergencyplan
for a fill-in-the-blanks guide

Personal Emergency Communication Plan

Best practices and tips:

- Use non-voice channels (texting, emails, or social media) - this uses less bandwidth and may work even when phone service doesn't
- Conserve your phone's battery - keep conversations brief and convey only vital information
- Reduce network congestion – don't use the phone unless absolutely necessary
- Keep a landline in your home - cordless phones won't work during a power outage.
- Keep a phone charger and power bank in your emergency kit. Consider a solar-powered, crank or vehicle phone charger.
- Keep your phone and email contacts up-to-date.
- Conserve your smartphone's battery by reducing the screen's brightness, putting it on airplane mode and closing the apps you are not using.
- Only call 9-1-1 for serious injuries.

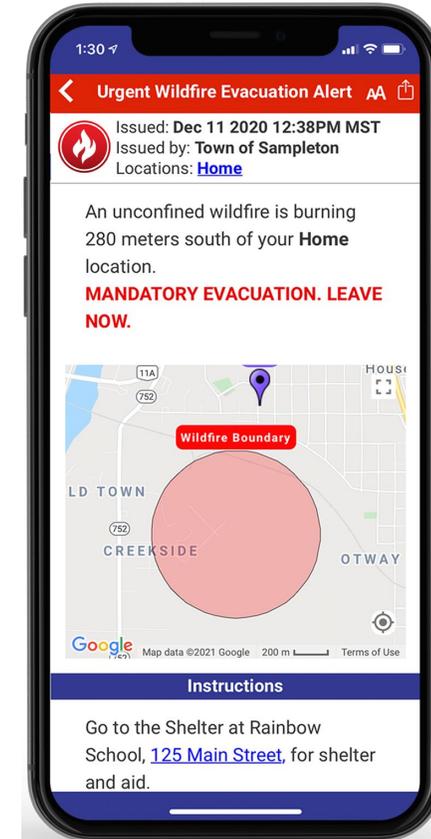




VOYENT**ALERT!**

Emergency Notification System

- ✓ Receive emergency alerts
- ✓ Get instructions on what to do during a disaster
- ✓ It's simple, free and anonymous
- ✓ Stay informed and stay connected
- ✓ Download the app or visit:
www.acrd.bc.ca/voyentalert



TRUSTED SOURCES OF OFFICIAL INFORMATION



Follow Trusted Sources

- ✓ Local Governments / First Nations
 - Information that comes directly from their social media platforms and websites
- ✓ Voyent Alert Emergency Notification System
- ✓ Alert Ready
- ✓ Government of BC
- ✓ PreparedBC
- ✓ DriveBC
- ✓ EmergencyInfoBC
- ✓ BC Wildfire Service
- ✓ Local Radio

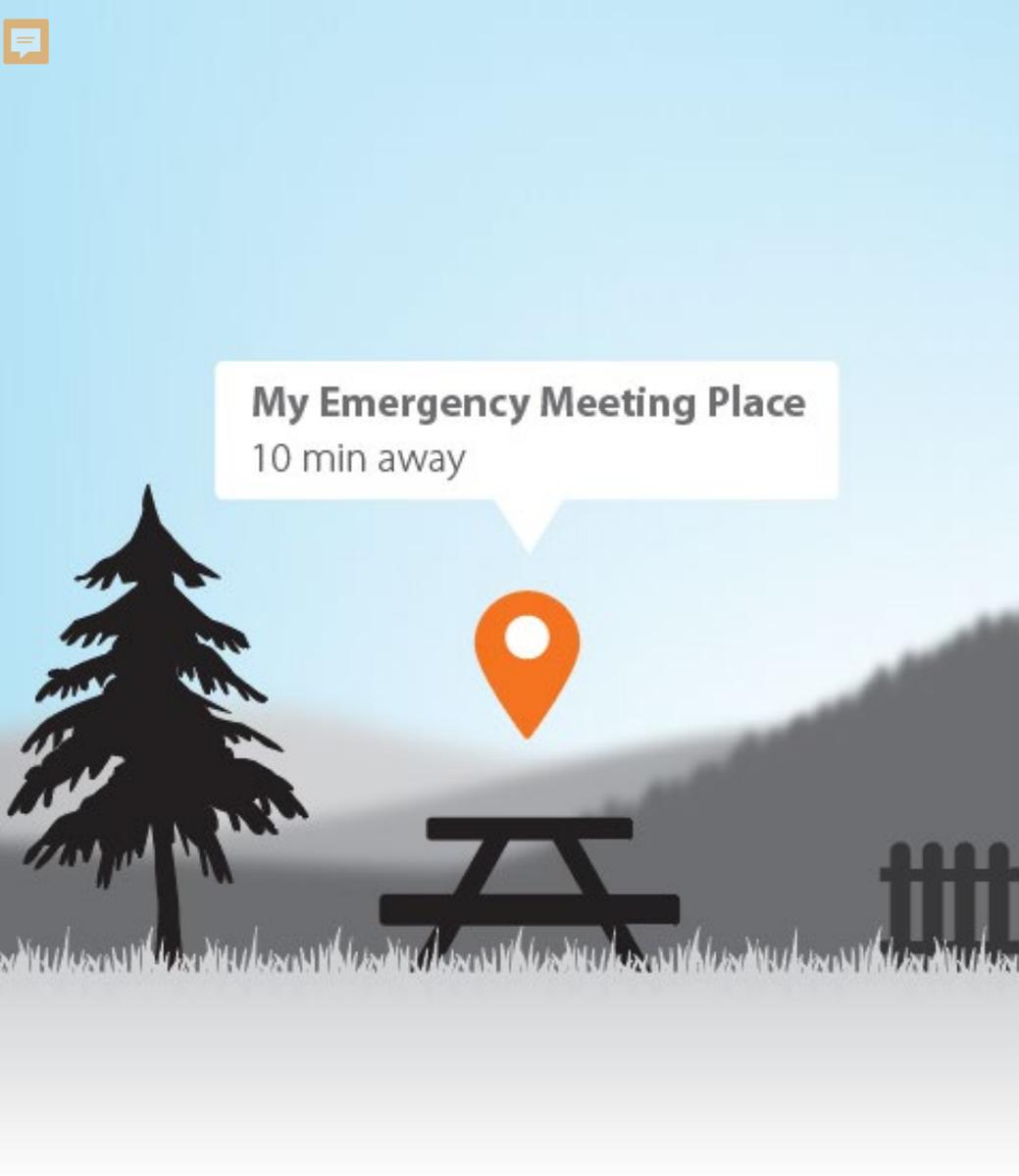




Save your health information

- ✓ Care card numbers
- ✓ Family doctors
- ✓ Medications
- ✓ Medical equipment
- ✓ Any other important health documents





Determine your meeting place



Where will you meet your loved ones if you can't communicate and you can't go home?

Where will you reunite with your children or dependents?

Consider:

- Identifying one meeting place close to home
- Another meeting place outside of your neighbourhood or community
- Options include neighbour's house, library, community centre or school



Designate an Out-of-Area Contact



- During disasters local networks can be easily overloaded. Often long-distance calls will work when local calls do not
- Determine an out-of-area contact in your home emergency plan
- Choose someone who won't be affected by the same emergencies
- Household members can contact them for updates and information and share the location of loved ones who have been temporarily separated



Don't forget us in your emergency planning!



- ✓ Prepare supplies: leash, food, medicines, food dishes, crates, favourite toy, treats, or comfort blanket
- ✓ Emergencies can be stressful on pets. Your scent can help them feel calm. Pack an old towel or shirt that smells like you
- ✓ Consider where your pet could be housed if you were evacuated



INSURANCE

- Consider getting homeowner's or renter's insurance to help you rebuild or replace your belongings after a disaster
- Check your insurance policies (home, auto and life) for coverage details
- Your emergency plan should include:
 - ✓ Insurance provider contact information
 - ✓ Policy numbers

Not sure about your insurance options?

Contact the Insurance Bureau of Canada:

1-844-227-5422

ibc.ca/ba



Insurance questions?

We're here to help.

Call **1-844-2ask-IBC**
AskIBCWest@ibc.ca



Step 3: Build your Kits



Home Emergency Kit

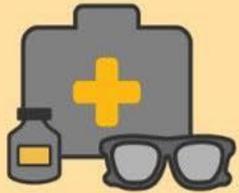
- Used in an emergency for when you need to stay at home (i.e. earthquake or severe storm).
- Supplies that keep your household members safe and comfortable for 3-7 days

Grab-and-Go Bag

- A smaller version of an emergency kit that is used when you need to evacuate (i.e. flood, wildfire and tsunami)
- Includes basic essentials that are easy to carry



Basic emergency kit supplies



First aid kit, prescriptions and other personal items



Emergency plan, copies of important documents and cash



Garbage bags, moist towelettes and plastic ties



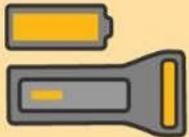
Battery-powered or hand-crank radio



Phone charger and battery bank



Blanket, seasonal clothing and footwear



Battery-powered or hand-crank flashlight



Non-perishable food for at least three days



Water for at least three days; four litres per person per day



Whistle

For a complete list: www.PreparedBC/emergencykit



Grab-and-Go Bags

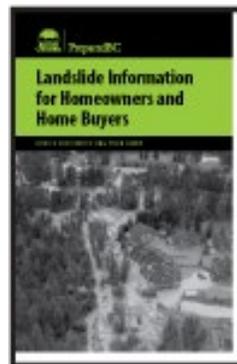
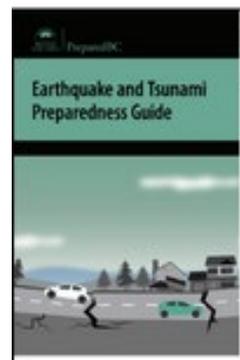
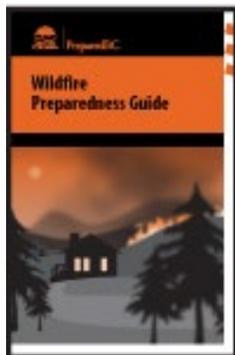
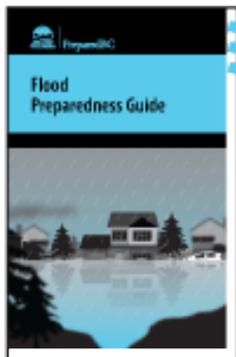


- Basic essentials for when you need to evacuate
- Everyone in your household should have a customized bag that is specific to their needs
- Don't forget your pets – they need one too!



Learn more

- Find information at PreparedBC.ca
- Follow **PreparedBC** on X, Facebook, and Instagram
- Make your plan at PreparedBC.ca/EmergencyReady



STEPS TO PREPARE



Know your hazards



Gather supplies



Make your plan



Check your supplies

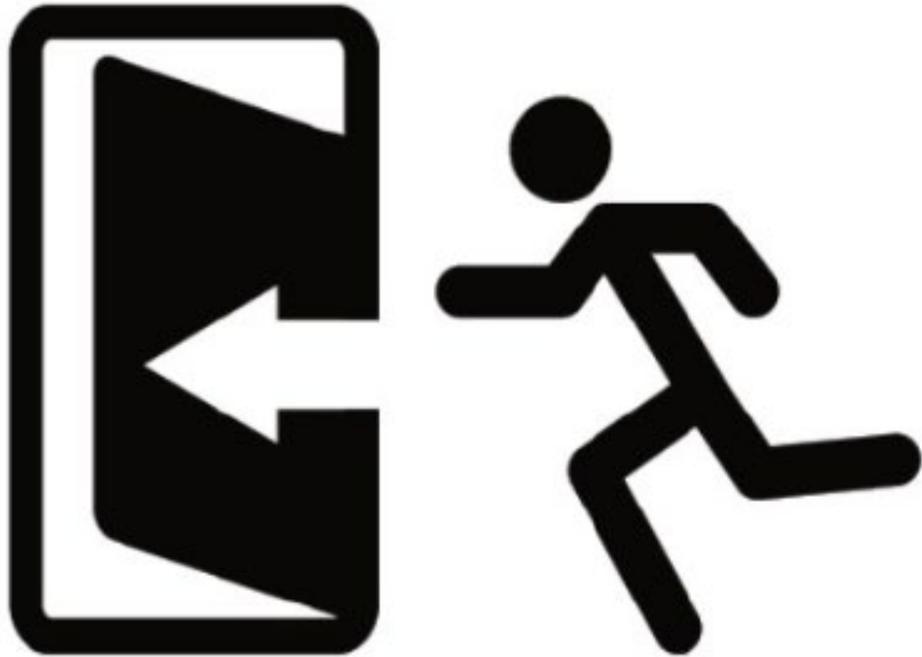


Follow official sources



Check your insurance

Understanding Evacuation Messages



Evacuation Alert

Be ready to leave on short notice.

Evacuation Order

You are at risk. Leave the area immediately.

Evacuation Rescinded

All is now safe and you can return home.



Thank you

Questions?

