



Hospital District Board of Directors Meeting
Wednesday, July 23, 2025

Zoom/Board Room (Hybrid) – 3008 Fifth Avenue, Port Alberni, BC
Immediately following the Board of Directors Meeting

Regular Agenda

Watch the meeting live at <https://www.acrd.bc.ca/events/23-7-2025/7654/?catid=0>

Register to participate via Zoom Webinar at:

https://acrd-bc-ca.zoom.us/webinar/register/WN_KuTXSUDTQfWbnV4OCXDUZQ#/registration

PAGE #

1. CALL TO ORDER

(immediately following the ACRD Board Meeting)

Recognition of Territories.

Notice to attendees and delegates that this meeting is being recorded and
livestreamed to YouTube on the Regional District Website.

2. APPROVAL OF AGENDA

(motion to approve, including late items requires 2/3 majority vote)

3. DECLARATIONS

(conflict of interest)

4. ADOPTION OF MINUTES

a. **Board of Directors Meeting – June 11, 2025**

4-6

*THAT the minutes of the Alberni-Clayoquot Regional Hospital District Board
of Directors meeting held on June 11, 2025 be adopted.*

5. PETITIONS, DELEGATIONS & PRESENTATIONS (10-minute maximum)

6. CORRESPONDENCE FOR ACTION

a. **Invite from Nanaimo Regional Hospital District to attend the Health
Forward Conference**

7

Possible Motion:

THAT the Alberni-Clayoquot Regional Hospital District Board of Directors support Director(s) _____ to attend the Health Forward: Advancing Healthcare in Central and North Vancouver Island Conference scheduled for November 13, 2025 in Nanaimo, BC.

7. CORRESPONDENCE FOR INFORMATION

ISLAND HEALTH

- | | | |
|----|--|--------------|
| a. | Water Safety This Summer | 8-9 |
| b. | Mill Bay Teen Wins 2025 Youth Harm Reduction Award | 10-12 |
| c. | Estimated Island Health Emergency Department Wait Lines Available Online | 13-14 |
| d. | Measles Update | 15-16 |

THAT this correspondence be received for information.

8. REQUEST FOR DECISIONS & BYLAWS

9. REPORTS

- a. Bamfield Health Centre – B. Beckett
- b. Alberni-Clayoquot Continuing Care Society – V. Siga
- c. West Coast Native Health Care Society – P. Cote
- d. Tofino General Hospital – West Coast Directors
- e. Alberni-Clayoquot Health Network – P. Cote/V. Siga
- f. West Coast General Hospital – Alberni Valley Directors
- g. Other Reports

THAT the Regional Hospital Board of Directors receives reports a-g.

10. UNFINISHED BUSINESS

11. LATE BUSINESS

12. QUESTION PERIOD

Questions/Comments from the public:

- Participating in Person in the Board Room
- Participating in the Zoom meeting
- Emailed to the ACRD at responses@acrd.bc.ca

13. ADJOURN



Alberni-Clayoquot Regional Hospital District

MINUTES OF THE BOARD OF DIRECTORS MEETING HELD ON WEDNESDAY, JUNE 11, 2025

Hybrid - Zoom/Board Room, 3008 Fifth Avenue, Port Alberni, BC

DIRECTORS PRESENT: Debbie Haggard, Chair, Councillor, City of Port Alberni
John Jack, Vice-Chairperson, Chief Councillor, Huu-ay-aht First Nations
Bob Beckett, Director, Electoral Area "A" (Bamfield)
Fred Boyko, Director, Electoral Area "B" (Beaufort)
Vaida Siga, Director, Electoral Area "C" (Long Beach)
Penny Cote, Director, Electoral Area "D" (Sproat Lake)
Susan Roth, Director, Electoral Area "E" (Beaver Creek)
Mike Sparrow, Director, Electoral Area "F" (Cherry Creek)
Marilyn McEwen, Mayor, District of Ucluelet
Tom Stere, Councillor, District of Tofino
Moriah Cootes, Councillor, Uchucklesaht Tribe Government

REGRETS: Sharie Minions, Mayor, City of Port Alberni
Kirsten Johnsen, Councillor, Toquaht Nation
Levana Mastrangelo, Executive Legislator, Yuułu?if?ath Government

STAFF PRESENT: Daniel Sailland, Chief Administrative Officer
Shane Koren, Manager of Financial Services
Cynthia Dick, General Manager of Administrative Services
Alex Dyer, Planning Manager
Janice Hill, Executive Assistant

The meeting can be viewed on the Alberni-Clayoquot Regional District website at:
<https://www.acrd.bc.ca/events/11-6-2025/>

1. **CALL TO ORDER**

The Chairperson called the meeting to order at 4:34 pm.

The Chairperson recognized this meeting is being held throughout the Nuu-chah-nulth territories.

The Chairperson reported this meeting is being recorded and livestreamed to YouTube on the Regional District website.

2. **APPROVAL OF AGENDA**

MOVED: Director Cote

SECONDED: Director Sparrow

THAT the agenda be approved as circulated.

CARRIED

3. DECLARATIONS

4. ADOPTION OF MINUTES

a. Board of Directors Meeting – May 14, 2025

MOVED: Director Jack

SECONDED: Director Sparrow

THAT the minutes of the Alberni-Clayoquot Regional Hospital District Board of Directors held on May 14, 2025 be adopted.

CARRIED

5. PETITIONS, DELEGATIONS & PRESENTATIONS

6. CORRESPONDENCE FOR ACTION

7. CORRESPONDENCE FOR INFORMATION

8. REQUEST FOR DECISIONS & BYLAWS

9. REPORTS

a. Bamfield Health Centre – B. Beckett- No Report.

b. Alberni-Clayoquot Continuing Care Society – V. Siga- Planning session scheduled for Saturday June 21, 2025.

c. West Coast Native Health Care Society – P. Cote- No Report.

d. Tofino General Hospital – West Coast Directors- No Report. Requested an update regarding the invitation to Dave Boychuk to provide an update on Tofino General Hospital replacement and new role of the Ministry of Infrastructure.

e. Alberni-Clayoquot Health Network – P. Cote/ V. Siga- No Report, meeting next week.

f. West Coast General Hospital – Alberni Valley Directors- meeting with Island Health, general update regarding work happening in the area and growth in the region for new infrastructure projects. There will be budget constraints moving

forward which will limit new projects moving forward. Recruitment and retention for our region- there is a recruitment officer at WCGH.

g. Other Reports

- **Island Health – Local Health Area Profile Alberni-Clayoquot, February 2025**

MOVED: Director Jack

SECONDED: Director Cote

THAT the Regional Hospital Board of Directors receives reports a-g.

CARRIED

10. UNFINISHED BUSINESS

11. LATE BUSINESS

12. QUESTION PERIOD

Questions/Comments from the public. The General Manager of Administrative Services advised there were no questions or comments respecting an agenda topic from public:

- Participating in Person in the ACRD Board Room
- Participating in the Zoom webinar
- Submissions received by email at responses@acrd.bc.ca.

13. ADJOURN

MOVED: Director Sparrow

SECONDED: Director Cote

THAT this meeting be adjourned at 4:41 pm

CARRIED

Certified Correct:

Debbie Haggard,
Chairperson

Cynthia Dick,
General Manager of Administrative Services

Conference Alert. Save the Date!

Health Forward: Advancing Healthcare in Central and North Vancouver Island

Hosted by:



NANAIMO REGIONAL
HOSPITAL DISTRICT



Thursday, November 13

8:00 a.m. - 3:30 p.m.

Vancouver Island Conference Centre

101 Gordon Street, Nanaimo

Join us for a thought-provoking one-day summit where leaders from First Nations, local governments, the Province, health authorities, community health organizations and the business sector come together to discuss the future of healthcare in Central and North Vancouver Island. This event will spotlight progress that has been made, spark collaboration on future solutions to existing healthcare challenges, and strengthen our shared commitment to building a healthier, more resilient Vancouver Island.

From: [Island Health Communication \[ISLH\]](#)
To: [Island Health Communication \[ISLH\]](#)
Subject: Island Health public service announcement: Island Health urges water safety this summer
Date: June 26, 2025 11:08:51 AM
Attachments: [image001.png](#)
[image002.emz](#)
[image003.png](#)

[CAUTION] This email originated from outside of the ACRD



PUBLIC SERVICE ANNOUNCEMENT

FOR IMMEDIATE RELEASE
June 26, 2025

Island Health urges water safety this summer

ISLAND HEALTH-WIDE — With summer underway and more people heading to beaches, lakes and backyard pools, Island Health is reminding everyone to make water safety a priority to prevent drownings and serious injuries.

Preliminary data from the BC Coroners Service’s Accidental Drowning Deaths report recorded 23 fatal drownings in Island Health in 2024. Though fewer than the year before (32), it’s higher than the Island Health 11-year historical average of 17.

Most drownings (80 per cent) happen in natural bodies of water, such as lakes and rivers, according to the Lifesaving Society. Deaths are most likely to occur during the summer, particularly in July and August, and on weekends. People are at higher risk of drownings including males, people with underlying medical conditions, such as seizures, people with autism spectrum disorder (ASD) and newcomers to Canada.

“As the weather starts to warm up, now is a great time to improve water safety skills and learn how to swim,” said Neil Arason, injury prevention lead. “Swimming lessons may reduce the risk of drowning in children under four years of age. Swimming skills are just one part of a robust safety plan, that also includes close, constant, attentive supervision, and learning lifesaving skills.”

Island Health is partnering with the Lifesaving Society of BC & Yukon to offer free [Swim to Survive programs](#) this summer for children and parents in remote and underserved areas, including Indigenous communities. Swim to Survive teaches essential minimum skills required to survive an unexpected fall into deep water. The Society is actively coordinating with schools, municipalities, and local organizations to schedule upcoming sessions for July and August. Communities interested in hosting the program can contact the Society by emailing dirkp@lifesaving.bc.ca. Watch for details of Swim to Survive programs on your community’s website and social media.

“We’re delighted to partner with Island Health to bring life-saving water safety education to communities through our Swim to Survive program,” said Lenea Grace, Executive Director, Lifesaving Society, BC and Yukon.

“This partnership enables us to reach more people in remote areas and equip both children and adults with the essential skills needed to survive an unexpected fall into deep water. Drowning is preventable, and through strong community partnerships like this, we’re making water safety education more accessible than ever.”

For every fatal drowning there are at least three non-fatal drownings, which may result in brain or other organ damage, the effects of which can be mild to severe. A review of non-fatal drownings in the Island Health region requiring emergency care and/or overnight hospital stays over the last five years found that 59 per cent occurred in lakes or the ocean, most commonly in late spring and summer, and mostly in the afternoon or evening.

“Non-fatal drownings can be life-altering. They can cause lasting damage to the brain and other organs,” said Arason. “Our review also found that 27 per cent of non-fatal drownings involved alcohol or other substances—a stark reminder that swimming while impaired puts

lives at risk.”

Water safety tips

- Learn to swim
- Keep young children within arm’s reach
- Stay sober
- Wear a Transport Canada approved lifejacket or personal floatation device (PFD)
- In outdoor bodies of water, stay within marked bounds (may be marked by buoys or posts)
- If caught in an ocean current, swim parallel to the shore until you are out of the current, then swim into shore at an angle
- At backyard pools, designate a sober adult to supervise those in the water.
- Install four-sided fencing (min. 4 feet high) with a self-closing and self-latching gate around backyard pools
- Empty kids’ pools immediately after use and store them upside down.

[Learn more about water safety, courses and tips](#)

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Central/North Island media

inquiries

Dominic Abassi
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Dominic.Abassi@islandhealth.ca

Cowichan/South Island media

inquiries:

Andrew Leyne
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From: [Island Health Communication \[ISLH\]](#)
To: [Island Health Communication \[ISLH\]](#)
Subject: Island Health news release: Making a difference: Mill Bay teen wins 2025 Youth Harm Reduction Award
Date: June 27, 2025 9:35:21 AM
Attachments: [image004.emz](#)
[image006.png](#)
[image001.png](#)

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NEWS RELEASE

FOR IMMEDIATE RELEASE
June 27, 2025

Making a difference: Mill Bay teen wins 2025 Youth Harm Reduction Award

ISLAND HEALTH-WIDE– Island Health has recognized Kalla Shields for her efforts to promote harm reduction awareness and training at Frances Kelsey Secondary School in Mill Bay. On June 3, the 2025 Youth Harm Reduction Award was given to Shields, a Grade 12 student at the school.

“Congratulations to Kalla Shields for the inspiring work that she has done for her community,” said Josie Osborne, Minister of Health. “Her courage to lead, educate, and save lives through the Hummingbird Project is nothing short of inspiring. I can’t wait to see where Kalla goes after graduating high school – I’m sure she will do amazing things.”

Shields’s efforts, in collaboration with [Toward the Heart](#), school administration and Island Health, included providing more than 50 students and staff at her school with naloxone training – a vital response to opioid poisonings that can save lives. Naloxone kits have also been placed in key school locations and more than 40 Take Home Naloxone kits were provided to participants in the training sessions. Since those sessions, Shields has also mentored younger student leaders to take on the project next year and continue its legacy.

Shields called her initiative the Hummingbird Project, based on a Métis teaching that her mother shared with her as a child. “It’s about a hummingbird that, when faced with a raging fire, doesn’t run away but instead carries water, drop by drop, to put it out,” she said. “When asked if it’s really making a difference, the hummingbird simply says, ‘I’m doing what I can.’”

Shields pursued her project following the drug poisoning of one of her peers in 2021. Thankfully Shields was able to respond with naloxone and the person survived. “That experience has undoubtedly left a lasting impact on me, but the silver lining was that it planted the seed for what would eventually become the Hummingbird Project,” she said. “More than anything, I really hoped this project would make students and staff feel supported, empowered to help, to talk openly about harm reduction and to create a safer community together.”

Jessica Huston, regional manager for Island Health’s Addiction Medicine and Substance Use program, said Shields’s efforts captured the tenets of harm reduction. “The Hummingbird Project highlighted how each of us can make a significant difference through our actions, no matter how small,” she said. “We are so impressed with the work she achieved to make a difference.”

Tara McKinley, a teacher and mentor at Frances Kelsey Secondary, highlighted Shields’s leadership, dedication to community service and commitment to positive change. “By getting students and staff trained in naloxone use and making sure naloxone kits are easily accessible, Kalla has helped ensure our school community is better prepared in case of an emergency,” she said. “The project has also made a huge difference in how we talk about substance use by breaking down stigma and opening up more compassionate conversations among students and staff.”

Shields hopes to continue supporting harm reduction when she attends university in the fall; her long-term goal is to go to medical school and become a neuropsychiatrist. “I’m especially passionate about advocating for culturally safe, trauma-informed mental health and substance use care, particularly for youth and Indigenous communities,” she said.

Island Health’s annual Youth Harm Reduction Award is open to people under 19 who live in the Island Health region. Projects focused on public health harm reduction in their communities are eligible. Applications are reviewed typically in April, with the recipient announced in June.

Harm reduction aims to reduce negative health, social and legal impacts associated with a range of activities. Widely accepted practices include the use of seatbelts and bike helmets, condoms, speed limits and sunscreen. Regarding the toxic drug crisis, harm reduction often

refers to safer ways to consume substances, safer substance use supplies and the use of naloxone to reduce the effects of drug poisonings from opioids.

***Photo caption:** From left: Kevin van der Linden, principal, Frances Kelsey Secondary School; Kalla Shields, 2025 award winner; Jenna Patterson and Jessica Huston, Island Health's Addiction Medicine and Substance Use program.

About Island Health:

Island Health provides health and care services to more than 933,000 people across Vancouver Island, the islands in the Salish Sea and Johnstone Strait, and mainland communities north of Powell River. Our team includes more than 32,500 health care professionals, including nearly 3,200 doctors, nurse practitioners, midwives and dentists who make up our Medical Staff. We are also supported by more than 1,500 adult and youth volunteers who contribute more than 70,000 hours of service annually, as well as 12 foundations and 19 active auxiliaries. Together, we deliver a wide range of health services across a large and geographically diverse region — including public health, primary care, home and community care, mental health and substance use services, acute hospital care and much more.

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Central/North Island media inquiries

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Cowichan/South Island media inquiries:

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From: [Abassi, Dominic \[ISLH\]](#) on behalf of [Island Health Communication \[ISLH\]](#)
To: [Island Health Communication \[ISLH\]](#)
Subject: Island Health News: Estimated Island Health emergency department wait times available online
Date: July 3, 2025 9:25:43 AM
Attachments: [image004.png](#)
[image001.emz](#)
[image002.png](#)

[CAUTION] This email originated from outside of the ACRD



NEWS RELEASE

FOR IMMEDIATE RELEASE

July 3, 2025

Estimated Island Health emergency department wait times available online

Island-wide — People in need of health-care services now have more information at their fingertips thanks to a new webpage featuring estimated emergency department wait times and detailed patient resources.

“When someone needs emergency care, unknown factors like where to go for care or ED wait times can be frustrating,” said Leah Hollins, Island Health Board Chair. “This webpage is an excellent tool and giving people more information about current conditions and care options will benefit both patients and care providers.”

Beginning July 3, a new webpage will be live at islandhealth.ca/findcare. The webpage includes estimated wait times to see a physician in the emergency department at Island Health’s eight major hospitals. People who may not need immediate emergency care will also be able to explore the range of resources available to them, including information about Urgent and Primary Care Centres and community-based resources.

“It’s important for people to be able to easily find and understand the different care options that are available to them, so they can make the best choice for themselves or a loved one,” said Marko Peljhan, Island Health’s vice-president for acute clinical operations. “We know this webpage has been highly anticipated and I want to express my gratitude to the communities we serve for their patience – and to the Island Health teams who put in so much work to ensure we are providing the most accurate information possible.”

Estimated wait times are calculated using data from emergency department encounters that started at a given time of day (by one-hour increments) on that day of the week over the past eight weeks at the same site. It is anticipated 9 out of 10 patients will be seen within the estimated wait time and most people should be seen sooner.

“‘How long can I expect to wait’ is one of the most common questions we hear from people in our emergency departments,” said Dr. Ben Williams, Island Health’s vice-president of medicine, quality, research and chief medical officer. “I believe this new resource will support frontline staff and physicians in focusing on providing the best care possible, while empowering people to make informed choices about the care options available to them.”

As is always the case in Island Health emergency departments, people are seen based on how serious their condition is and people with life-threatening injuries or conditions will not have to wait. People in need of immediate emergency care should never hesitate – they should call 911 or attend the nearest emergency department immediately.

Island Health is also taking action to improve people’s experience in our emergency departments because we know long waits are frustrating and add stress to an already difficult situation. Our strategies include hiring more doctors and nurses, adding more than 800 new nurses in 2024. We are also investing in community-based services – home care, long-term care, primary care – to reduce the burden on emergency departments. We just opened a new, second UPCC in Nanaimo and a new UPCC will open in Cowichan Valley this year. In 2024, Island Health transitioned to a full UPCC in Comox Valley and added a new primary care access clinic in Campbell River.

Wait times are based on historical data and can change at any time based on current conditions in the department. While Island

Health teams will closely monitor wait times and patient experience, there is the potential for rapidly changing conditions and fluctuating wait times based on patient needs and demand at a given site in the weeks immediately following the initial launch. We ask for patience and understanding during the initial weeks after the website is launched as any necessary tweaks are made to ensure the most accurate information is displayed.

Marko Peljhan will be available to speak with media at 11:35 a.m. on July 3 via Zoom. Please email dominic.abassi@islandhealth.ca for the meeting link.

About Island Health:

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Central/North Island media inquiries:

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Measles Update

Measles cases have recently been identified in every regional health authority in BC, including Island Health. The resurgence in measles activity locally, in BC and nationally is being driven by declining vaccination rates. **Measles infection has occurred almost exclusively in unvaccinated or under vaccinated individuals.**

Vaccination is the Best Defense

Measles vaccination is very effective, and immunity is long-lasting (85-95% after 1 dose, ~100% after 2 doses). In BC, **a two-dose series is routinely provided at 12 months and at 4-6 years of age.** 15% of 7-year-olds are under/unvaccinated for measles. The following people are eligible for publicly funded MMR vaccine in BC (see [BCCDC MMR Eligibility](#)):

- **Those born on/after January 1, 1970** (1957 for healthcare workers) are eligible for 2 doses, a minimum of 4 weeks apart
- **Children < 4 years old** can receive an **early second dose** of:
 - MMR (#2) if they will be travelling to a community experiencing a measles outbreak*, or internationally. The minimum interval between MMR doses is 4 weeks. They do not need another MMR dose, but should get the second dose of varicella vaccine at school entry.
 - MMR-Varicella (#2) if they live in a community experiencing a measles outbreak*. The minimum interval between varicella vaccines is 12 weeks (see [BCCDC MMRV biological page](#)). They do not need any further doses of MMR or varicella vaccine.
- **Infants 6 -11 months old** can receive an **early extra dose** if they:
 - Live in, or will be travelling to, a community experiencing a measles outbreak* or internationally.
 - Have had a measles exposure (depending on timing, they may qualify for immune globulin instead of MMR)

These children should receive 2 additional doses per the routine infant and childhood schedule

*Updated measles activity and exposure locations are posted on the BCCDC website: <http://www.bccdc.ca/health-info/diseases-conditions/measles#cases>. A measles outbreak is declared when there is widespread community transmission and links between cases cannot be established.

Patients can access and/or update their immunization records online [Immunization records | HealthLink BC](#) ([Immunization records | HealthLink BC](#)). Note that the provincial electronic record may be incomplete especially if immunizations were given out-of-province/country, at a doctor or NPs office, at a travel clinic etc. If a patient's immunization records are unavailable, immunization with measles-containing vaccine is preferred, rather than ordering serology to determine immune status.

Where to get vaccinated:

- **Children** age 4+ years can receive MMR at a community pharmacy that stocks it ([MMR Vaccines](#)), or at their local health unit ([Health Unit Locations](#)).
- **Adults** can go to a community pharmacy that stocks MMR ([MMR Vaccines](#)), and if the vaccine isn't locally available, they can book an immunization appointment at their local health unit

Island Health Medical Health Officers

Chief MHO: Dr. Réka Gustafson 250-519-3406; North Island: Dr. Charmaine Enns 250-331-8591

Central Island: 250-739-6304; Cowichan Region: 250-737-2020

South Island: Dr. Carol Fenton, Dr. Christina Kay, Dr. Mike Benusic 250-519-3406

islandhealth.ca/about-us/medical-health-officers

- Family physicians, NPs, and other clinicians can order vaccines from Public Health to offer to their patients ([Immunization Information for Healthcare Professionals](#)). If you immunize children <19 in your office, and did not record the immunization in the provincial immunization registry (i.e. Panorama, Pharmanet, ImmsBC or eForm), please report the immunizations to Public Health by completing the [Report of Immunization of Children 0-18 Years by Community Vaccine Providers Form](#) and faxing it to the [Local Health Unit](#).

Thinking Measles?

When to Consider Measles?

In the absence of a local outbreak, it is unlikely that a patient has measles without **both** of the following:

- Under/unvaccinated AND born after 1969
- Travel in the last month to an area of measles activity OR exposure to a case

Signs/Symptoms:

- Descending maculopapular rash 3-7 days after a prodrome of fever, cough, coryza, conjunctivitis
- <http://www.bccdc.ca/health-info/diseases-conditions/measles#cases>.

Report to Public Health

All suspected cases must be reported to Public Health. If you are suspicious enough to test, or need a Public Health consult, please report to:

- South Island: 250-388-2225
- Central Island: 250-740-2615
- North Island: 250-331-8555
- Afterhours/weekends: 1-800-204-6166

Testing for Measles

Patient with suspected measles should remain masked; do not use exam room for two hours after patient left. HCW should use airborne precautions. If patient is going to a lab, call ahead for infection prevention instructions.

Tests to order:

Nucleic acid testing (RT-PCR)

- Nasopharyngeal (NP) swab is preferred (in a COPAN red top in universal transport medium) OR throat swab (in a COPAN blue-top tube in universal transport medium) and a urine sample.
- Complete requisition form ([Virology Requisition](#)) and submit to Island Health Lab (preferred for less travel time) or BCCDC.
- NP and throat swabs may be collected up to 8 days after rash onset, and urine samples up to 14 days of rash onset

Serology (both measles IgM and IgG) is valuable, but not critical

Advice to Patients & Families

For suspected cases of measles:

- Isolate at home while infectious: Measles is airborne, and highly infectious, for 5 days before to 4 days after onset of rash.
- Seek urgent care if illness worsens (call ED in advance for infection prevention instructions).

For patients who were exposed to measles:

- If fully immunized, no further action needed.
- Susceptible individuals may be eligible for post-exposure prophylaxis. MMR vaccine within 3 days of exposure or immune globulin within 6 days of exposure can prevent or reduce severity of illness. Priority populations for measles post-exposure prophylaxis include: infants <1yo, un/under immunized pregnant people, and immunocompromised individuals.
- Monitor for symptoms for 21 days from the last exposure. If symptoms develop: isolate, call your primary care provider or 811, and/or seek urgent medical attention if seriously ill.

Island Health Medical Health Officers

Chief MHO: Dr. Réka Gustafson 250-519-3406; North Island: Dr. Charmaine Enns 250-331-8591

Central Island: 250-739-6304; Cowichan Region: 250-737-2020

South Island: Dr. Carol Fenton, Dr. Christina Kay, Dr. Mike Benusic 250-519-3406

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