



Hospital District Board of Directors Meeting
Wednesday, July 24, 2024

Zoom/Board Room (Hybrid) – 3008 Fifth Avenue, Port Alberni, BC
Immediately following the Board of Directors Meeting

Regular Agenda

Watch the meeting live at <https://www.acrd.bc.ca/events/24-7-2024/>

Register to participate via Zoom Webinar at: https://acrd-bc-ca.zoom.us/webinar/register/WN_uDE7SnjeQ-ivG0CkSnZd6w#/registration

PAGE #

1. CALL TO ORDER

(immediately following the ACRD Board Meeting)

Recognition of Territories.

Notice to attendees and delegates that this meeting is being recorded and livestreamed to YouTube on the Regional District Website.

2. APPROVAL OF AGENDA

(motion to approve, including late items requires 2/3 majority vote)

3. DECLARATIONS

(conflict of interest)

4. ADOPTION OF MINUTES

a. **Board of Directors Meeting – June 12, 2024**

3-6

THAT the minutes of the Alberni-Clayoquot Regional Hospital District Board of Directors held on June 12, 2024 be adopted.

5. PETITIONS, DELEGATIONS & PRESENTATIONS (10-minute maximum)

6. CORRESPONDENCE FOR ACTION

7. CORRESPONDENCE FOR INFORMATION

a. **Island Health**

- Island Health announces 2024/2025 Community Wellness Grant Recipients **7-8**
- Simple, safe, effective: Island Health grant supports washroom sensor project for Vancouver Island Libraries **9-10**
- Tips for a safe and sound summer festival season **11-12**

THAT this correspondence be received for information.

8. REQUEST FOR DECISIONS & BYLAWS

9. REPORTS

- a. Bamfield Health Centre – B. Beckett
- b. Alberni-Clayoquot Continuing Care Society – V. Siga
- c. West Coast Native Health Care Society – P. Cote
- d. Tofino General Hospital – West Coast Directors
- e. Alberni-Clayoquot Health Network – P. Cote/V. Siga
- f. West Coast General Hospital – Alberni Valley Directors
- g. Other Reports

THAT the Regional Hospital Board of Directors receives reports a-g.

10. UNFINISHED BUSINESS

11. LATE BUSINESS

12. QUESTION PERIOD

Questions/Comments from the public:

- Participating in Person in the Board Room
- Participating in the Zoom meeting
- Emailed to the ACRD at responses@acrd.bc.ca

13. ADJOURN



Alberni-Clayoquot Regional Hospital District

MINUTES OF THE BOARD OF DIRECTORS MEETING HELD ON WEDNESDAY, JUNE 12, 2024

Hybrid - Zoom/Board Room, 3008 Fifth Avenue, Port Alberni, BC

DIRECTORS

Debbie Haggard, Chair, Councillor, City of Port Alberni

PRESENT:

Bob Beckett, Director, Electoral Area "A" (Bamfield)

Fred Boyko, Director, Electoral Area "B" (Beaufort)

Vaida Siga, Director, Electoral Area "C" (Long Beach)

Penny Cote, Director, Electoral Area "D" (Sproat Lake)

Susan Roth, Director, Electoral Area "E" (Beaver Creek)

Mike Sparrow, Director, Electoral Area "F" (Cherry Creek)

Sharie Minions, Mayor, City of Port Alberni

Marilyn McEwen, Mayor, District of Ucluelet

Tom Stere, Councillor, District of Tofino

Moriah Cootes, Councillor, Uchucklesaht Tribe Government

Kirsten Johnsen, Councillor, Toquaht Nation

Levana Mastrangelo, Executive Legislator, Yuułu?if?ath Government

REGRETS:

John Jack, Vice-Chairperson, Chief Councillor, Huu-ay-aht First Nations

STAFF PRESENT:

Teri Fong, Chief Financial Officer

Mike Irg, General Manager of Planning & Development

Cynthia Dick, General Manager of Administrative Services

Heather Zenner, Manager of Administrative Services

Alex Dyer, Planning Manager

Janice Hill, Executive Assistant

The meeting can be viewed on the Alberni-Clayoquot Regional District website at:

<https://www.acrd.bc.ca/events/12-6-2024/>

1. CALL TO ORDER

The Chairperson called the meeting to order at 3:58 pm.

The Chairperson recognized this meeting is being held throughout the Nuu-chah-nulth territories.

The Chairperson reported this meeting is being recorded and livestreamed to YouTube on the Regional District website.

2. APPROVAL OF AGENDA

MOVED: Director Cootes

SECONDED: Director Sparrow

THAT the agenda be approved as circulated.

CARRIED

3. DECLARATIONS

4. ADOPTION OF MINUTES

a. Board of Directors Meeting – May 8, 2024

MOVED: Director Sparrow

SECONDED: Director Cootes

THAT the minutes of the Alberni-Clayoquot Regional Hospital District Board of Directors held on May 8, 2024 be adopted.

CARRIED

5. PETITIONS, DELEGATIONS & PRESENTATIONS

6. CORRESPONDENCE FOR ACTION

7. CORRESPONDENCE FOR INFORMATION

a. Island Health

- For parents, from a parent: nine poison prevention tips from an ICU doctor

MOVED: Director Cote

SECONDED: Director Sparrow

THAT this correspondence be received for information.

CARRIED

8. REQUEST FOR DECISIONS & BYLAWS

a. Request for Decision regarding Reallocation of Island Health Funds

MOVED: Director Stere

SECONDED: Director Siga

THAT the Alberni-Clayoquot Regional Hospital District (ACRHD) Board of Directors approve the reallocation of the funds committed to the Tofino General Hospital Admitting Triage Project to the Tofino General Hospital Crisis

Quiet Room project.

CARRIED

9. REPORTS

- a. Bamfield Health Centre – B. Beckett.** No report.

Director Stere left the meeting at 4:02 pm.

- b. Alberni-Clayoquot Continuing Care Society – V. Siga.** No report.

- c. West Coast Native Health Care Society – P. Cote.** Completed our accreditation meetings and there was an open house for a new build. Rainbow Gardens is working with the City of Port Alberni on further projects.

- d. Tofino General Hospital – West Coast Directors.** No report.

- e. Alberni-Clayoquot Health Network – P. Cote/ V. Siga.** Meeting next week. No other report.

- f. West Coast General Hospital – Alberni Valley Directors.** May 24th Chair Haggard attended a meeting with Island Health and other hospital chairs from across the Island. Island Health provided an update on all the projects that they are working on. Gave an update on the Tofino Hospital. The concept is going to the Board in early summer, and if that is approved, they will then start to develop a business case.

- g. Other Reports**

MOVED: Director Beckett

SECONDED: Director Sparrow

THAT the Regional Hospital Board of Directors receives reports a-g.

CARRIED

10. UNFINISHED BUSINESS

11. LATE BUSINESS

12. QUESTION PERIOD

Questions/Comments from the public. The Manager of Administrative Services advised there were no questions or comments respecting an agenda topic from public:

- Participating in Person in the ACRD Board Room

- Participating in the Zoom webinar
- Submissions received by email at responses@acrd.bc.ca.

13. ADJOURN

MOVED: Director Sparrow

SECONDED: Director Beckett

THAT this meeting be adjourned at 4:04 pm.

CARRIED

Certified Correct:

Debbie Haggard,
Chairperson

Heather Zenner,
Manager of Administrative Services

From: [Island Health Communication \[ISH\]](#)
To: [Island Health Communication \[ISH\]](#)
Subject: Island Health news release: Island Health announces 2024/2025 Community Wellness Grant Recipients
Date: July 8, 2024 12:20:33 PM
Attachments: [image001.png](#)
[image001.png](#)

[CAUTION] This email originated from outside of the ACRD



NEWS RELEASE

FOR IMMEDIATE RELEASE
July 8, 2024

Island Health announces 2024/2025 Community Wellness Grant Recipients

ISLAND WIDE – Island Health is celebrating the launch of 53 new locally-led wellness projects focused on community resilience, made possible with funding from Island Health’s Community Wellness Grant Program.

The diverse range of projects receiving funding in 2024/2025 include a food security and cooking skills project for families in Port Alberni, a restorative justice program for Cowichan Valley high schools, a community arts program on Pender Island, and a Decolonizing Addictions conference hosted by the Kwakiutl Health Centre in Port Hardy.

The Community Wellness Grant program helps promote health and wellness across the region Island Health serves by fostering local partnerships and grassroots initiatives. Nearly \$800,000 from the Community Wellness Grant Program will fund a mix of projects and initiatives.

“We’re so pleased to support innovative Community Wellness Grant projects for another year,” said Dr. Réka Gustafson, Island Health’s Vice President of Population Health and Chief Medical Health Officer. “Each year, these projects support community organizations to address the unique wellness needs of each part of our region. My congratulations to this year’s recipients.”

The Community Wellness Grant program is designed to support collaborative community-led upstream wellness interventions that reduce barriers and increase supports, enabling all members of the community to enjoy health and wellness.

“We know that our personal physical and mental health is inextricably linked to the health of our communities,” said Adrian Dix, Minister of Health. “When we live in more active, inclusive and interconnected neighbourhoods, we all benefit. I want to congratulate all the organizations and programs that received Community Wellness Grants, and thank them for all they do to improve the lives of people throughout Vancouver Island.”

In February 2024, Island Health issued a call for applications to local governments, community organizations and Indigenous communities for the 2024/2025 Community Wellness Grant Program. The theme of this year’s grant program was community resilience, inviting applicants to focus on one or more of the following criteria: diverse communities, connected communities, safe communities, nourished communities and active communities.

A complete list of 2024/2025 grant recipients is available on Island Health’s website at <http://communitygrants.islandhealth.ca/>

QUOTES:

Doug Routley, MLA for Nanaimo-North Cowichan

“We’re improving the health and well-being of people across Vancouver Island through Community Wellness Grants. By supporting projects such as the Cultivate and Cook and Indigenous Programming in Nanaimo, and Activating our Compassionate Community on Gabriola Island, we’re helping to address our communities’ specific needs and priorities.”

Michele Babchuk, MLA for North Island

“People living in remote and coastal communities on Vancouver Island are benefiting from Community Wellness Grants, and I am thrilled that we have 14 programs across the North Island that will be receiving these grants. Projects like Reconciliation through Connection in Campbell River, and Healing Together in Alert Bay, show how Community Wellness Grants support people in our region and allow for greater connection and community-led collaboration.”

Josie Osborne, MLA for Mid Island-Pacific Rim

“People who feel connected to their community are happier and healthier, and these Community Wellness Grants will bring families and youth together over good food and fun outdoor activities together while helping to build strong, more inclusive and resilient communities. I’m thrilled to see the support for the Port Alberni Backpack Program Society and the Mulaa Rising Tide Surf Team and their programs, which go a long way to reducing barriers to wellness and health.”

Sheila Malcolmsen, MLA for Nanaimo

“Here in Nanaimo, we’ve been through a lot. With Premier Eby we’ve been taking action to help people with better healthcare. With Nanaimo community groups we’re helping people feel connected. All these partnerships make our community healthier.”

Grace Lore, MLA for Victoria-Beacon Hill

“Our community, including our most vulnerable community members, will benefit from 53 new locally-led projects supported by this year’s Community Wellness Grants. Programs like the Youth Suicide Prevention Program Expansion and Empowering Communities through Food Systems in Victoria will build social connections and promote dignity and human rights.”

Rob Fleming, MLA for Victoria-Swan Lake

“People living in the Victoria area will have stronger and more active communities because of projects funded by Community Wellness Grants. With initiatives from community organizations like Building Intergenerational Connections, and Living Edge Neighbourhood Food Markets 2024, people in our region will enjoy a more socially connected and inclusive city.”

Mitzi Dean, MLA for Esquimalt-Metchosin

“Everyone benefits from healthier, more resilient communities, and programs supported by Community Wellness Grants respond to the specific needs of the people living in our region. The QomQem Night Outreach Program and Island Ignite Camp, along with many more projects funded this year, will bring people together and support healthier neighbourhoods.”

Murray Rankin, MLA for Oak Bay-Gordon Head

“We’re supporting community-led projects that help grow more resilient, diverse and healthy environments for people. Community Wellness Grants are powerful tools developed by First Nations, not-for-profit organizations and local governments, offering tailored solutions for each community.”

Jennifer Rice, Parliamentary Secretary for Rural Health

“Communities’ needs and priorities vary, and local organizations know best how to make their neighbourhoods stronger and more resilient. Community Wellness Grants support grassroots projects that remove obstacles to good health and make people feel more socially connected in Vancouver Island’s coastal communities, remote and rural areas.”

Ronna-Rae Leonard, MLA for Courtenay-Comox

“We’re taking action to make sure people are more connected to their communities and live their happiest, healthiest lives. Locally led projects supported by the Community Wellness Grants are making a huge impact in my community and throughout Vancouver Island as First Nations communities, not-for-profit organizations and local governments lead projects tailored to our region’s needs.”

Ravi Parmar, MLA for Langford-Juan de Fuca

“People thrive through locally created programs tailored to their community’s unique priorities. Thanks to Community Wellness Grants, inspiring initiatives like the Victoria Brain Injury Society’s Community Connections and Wear2Start’s Community Diversity & Inclusion Continuing Education program unite people, fostering deeper understanding and building stronger, more resilient neighborhoods.”

Lana Popham, MLA for Saanich South

“We’re improving people’s lives on Vancouver Island by investing in 53 locally led projects that are strengthening people’s sense of wellbeing and interconnectedness. Community Wellness Grants also help foster local partnerships and collaborations so community groups can work together to improve lives.”

About Island Health:

Island Health provides health and care services to more than 885,000 people on Vancouver Island, the islands in the Salish Sea and the Johnstone Strait, and mainland communities north of Powell River. With more than 30,000 health-care professionals, including more than 3,000 doctors, nurse practitioners, midwives and dentists that make up our Medical Staff – as well as 1,500 volunteers, and the dedicated support of 12 foundations and 19 active auxiliaries – Island Health delivers a broad range of health services, including: public health services, primary health care, home and community care, mental health and substance use services, acute care in hospitals, and much more across a huge and geographically diverse region.

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From: [Abassi, Dominic \[ISLH\]](#) on behalf of [Island Health Communication \[ISLH\]](#)
To: [Island Health Communication \[ISLH\]](#)
Subject: Island Health News: Simple, safe, effective: Island Health grant supports washroom sensor project for Vancouver Island libraries
Date: June 18, 2024 9:38:08 AM
Attachments: [image001.png](#)
[image002.emz](#)
[image003.png](#)

[CAUTION] This email originated from outside of the ACRD



NEWS RELEASE

FOR IMMEDIATE RELEASE

June 18, 2024

Simple, safe, effective: Island Health grant supports washroom sensor project for Vancouver Island libraries

Island-wide — Special sensors in washrooms at select Vancouver Island Regional Library (VIRL) branches can help save lives and support staff, library users and communities by monitoring for medical emergencies, including toxic drug poisonings.

In December 2023, 10 motion detection sensors were activated in washroom stalls at the Nanaimo Harbourfront branch, which was considered an at-risk VIRL branch. Based on the success at Harbourfront, additional sensors have been installed at other VIRL branches in Courtenay, Campbell River and Port Hardy.

This project, called [Brave Branches](#), received \$50,000 in funding from Island Health's [Resilience and Safety Grant](#) program. That initiative offers grants for projects that focus on improving mental wellbeing, building youth resilience and mitigating harms associated with the unregulated drug supply.

"Communities across Vancouver Island are deeply affected by the toxic drug crisis," says Jennifer Whiteside, Minister of Mental Health and Addictions. "Libraries face unique challenges as they strive to be safe, welcoming spaces for everyone. With these new sensors, medical emergencies can be identified and responded to promptly. This innovative approach saves lives and ensures that individuals receive the care they need, exactly when they need it."

"Complex problems such as the toxic drug crisis require innovative approaches. I applaud Vancouver Island Regional Library for pursuing this project," says Leah Hollins, Island Health Board Chair. "Island Health is honoured to support Brave Branches and other projects to build resiliency and foster safer communities."

"Our [Strategic Plan](#) prioritizes safe, inclusive and welcoming spaces," says Erin Hemmens, VIRL Board Chair. "Brave Sensors are innovative tools we can use to improve the safety and accessibility of our spaces – spaces invaluable to our communities. We are so grateful for this support from Island Health."

The sensors monitor how long a person has occupied a washroom and whether they are moving – or not. If an occupant has not moved for a set amount of time, then a notification is sent via text to designated responders, including security guards and library staff. "The sensor is not looking for movement – it's looking for lack of movement," says Jason McConnell, VIRL's Divisional Manager of Health and Safety.

McConnell says libraries are uniquely positioned in the midst of the drug crisis, which was declared a public health emergency in B.C. more than eight years ago. As the crisis has grown, so too have the pressures on libraries and staff. "We're seeing upticks in the types of hazards and risks that we're being exposed to. We're seeing more frequent events," he says.

Some VIRL staff in north Vancouver Island first brought the sensors to McConnell's attention. He then followed up with [Brave Technology Co-Op](#), which provides the sensors. And he successfully applied for the Island Health grant, which he said has meant "everything" to the project.

Thankfully, there have not yet been any interventions for toxic drug poisonings due to sensor alerts at the Harbourfront branch. Emily Mathews, VIRL's Assistant Director for Experience and Engagement, says the Harbourfront team is "incredibly happy" with the sensor installation.

"It has made staff monitoring of our public washrooms much simpler, safer and more effective since we can rely on automatic alerts instead of tracking entries and exits, which is much more difficult," she says (washroom checks still occur, but much less frequently).

"Washrooms in public libraries are some of the few, if not the only, public facilities left in many cities and towns that are freely accessible to all who need them, and there continues to be increasing pressure on their use. The sensors are helping to make those spaces not only easier to manage for staff but also safer for patrons."

Others have also taken note of the VIRL project. For example, McConnell has connected with staff at a county government in Arizona, which is considering sensor technology for its communities.

Last year, Island Health announced [similar sensor trials](#) taking place at washrooms at some of its sites, including Nanaimo Regional General Hospital and the Comox Valley Nursing Centre and Mental Health and Substance use sites in Courtenay. Since then, trials have also launched at the North Island Hospital, Campbell River & District and Campbell River MHSU Tyee Office, and the Eric Martin Pavilion (EMP) in Victoria.

From August to December 2023, there were 407 washroom checks at those sites (excluding EMP) based on sensor alerts, and patients responded to let staff know they were alright. Five significant events occurred, which resulted in staff responding to patients in distress. More Island Health sensor implementations are planned to launch soon at the Oceanside Health Unit in Parksville, Cowichan Valley Mental Health and Substance Use, and the Harbour Supervised Consumption Service and Royal Jubilee Hospital in Victoria.

Through the Resilience and Safety Grant program, Island Health partners with Indigenous and non-Indigenous community organizations to launch new and innovative initiatives aimed at improving youth resilience, workplace wellness and individual safety related to the toxic drug crisis. The latest round of grant recipients was [announced](#) on April 4.

Photo cutline: Emily Mathews, VIRL's Assistant Director for Experience and Engagement (L) and Jason McConnell, VIRL's Divisional Manager of Health and Safety.

About Island Health:

Island Health provides health and care services to more than 885,000 people on Vancouver Island, the islands in the Salish Sea and the Johnstone Strait, and mainland communities north of Powell River. With more than 30,000 health-care professionals, including more than 3,000 doctors, nurse practitioners, midwives and dentists that make up our Medical Staff – as well as 1,500 volunteers, and the dedicated support of 12 foundations and 19 active auxiliaries – Island Health delivers a broad range of health services, including: public health services, primary health care, home and community care, mental health and substance use services, acute care in hospitals, and much more across a huge and geographically diverse region.

About VIRL

VIRL delivers tremendous economies of scale and significant returns on investment, by working with 38 local governments across a 42,000 km² service area. Our collective services are a demonstrable commitment to livability and affordability and are enjoyed by nearly a third of residents overall. These services include free access to dynamic programming and events, bookable meeting rooms, and 39 branches that are essential Third Spaces in communities large and small. VIRL has the third-largest public library collection in BC, featuring downloadable e-books, audiobooks, digital news, streaming services, children's materials, and much more.

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From: [Island Health Communication \[ISLH\]](#)
To: [Island Health Communication \[ISLH\]](#)
Subject: Island Health public service announcement: Tips for a safe and sound summer festival season
Date: June 27, 2024 10:08:43 AM
Attachments: [image002.png](#)
[image001.png](#)

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PUBLIC SERVICE ANNOUNCEMENT

FOR IMMEDIATE RELEASE
June 27, 2024

Tips for a safe and sound summer festival season

Island-wide — As the temperatures rise and the festival season sets in, Island Health has health tips to ensure everyone has a fun, and safe, summer.

Attending events and listening to live music offers many health benefits including a lift in mood, cardiovascular exercise via dancing, and an increased sense of community; but being outdoors for long periods of time, gathered close together with large amounts of people can also pose health risks. The good news is that most risks can be prevented.

Heat & sun

With the expected hotter temperatures this summer, festival goers are encouraged to stay in the shade, use a broad-spectrum sunscreen with SPF 30 or higher, and regularly drink water to stay hydrated. The use of certain illicit substances, like MDMA, can further increase body temperature.

Severe dehydration can send someone into shock. Sports drinks or electrolyte packs can help replace nutrients lost in sweat. One way to tell if you're dehydrated is to check the colour of your urine. If it's dark yellow or brown, that's a sign that you probably need more fluids.

Overheating, when the body gains heat faster than it can cool itself down, can cause several heat-related illnesses. Signs of heat exhaustion include heavy sweating, severe headache, muscle cramps, extreme thirst, and dark urine. Signs of heat stroke include confusion, fainting or decreased consciousness, or high body temperatures that cannot be lowered. Visit the festival's health service to get help.

Noise

Exposure to loud noise at festivals can cause irreversible hearing loss. Don't stand too close to the speakers and wear a form of ear protection.

Communicable diseases

Diseases like meningitis and staph infections can be spread through the sharing of drinks, cigarettes and vapes, and lipstick/lip gloss. Staying up to date with [immunizations](#), like measles and COVID-19, can help to prevent the spread of the most common contagious diseases that thrive in crowds.

Sex positive

Sexually transmitted infections (STI) including syphilis, chlamydia, and gonorrhoea are increasing across the region. To reduce the risk of infection, condom use is encouraged. Many festivals offer free condoms at hospitality tents or first aid booths.

Pharmacies also offer free [emergency contraception](#) which can help prevent pregnancy after unprotected sex, or failed birth control like if a condom breaks, up to five days after sexual activity.

Everyone who is sexually active should get tested regularly.

Where to get tested:

- Find a clinic via smartsexresource.com/clinics-testing
- In Greater Victoria or Duncan, and no symptoms: GetCheckedOnline.com
- Options Telehealth service optionsforsexualhealth.org/book-a-telehealth-appointment

- For ages 12-24: [Island Health Youth Clinics | Island Health](#) & Foundry Virtual BC foundrybc.ca/virtual/primary-care
- Or visit a family doctor, walk-in clinic or sexual health clinic

[Consent to sex](#) means partners agree to sexual activity and everyone understands what they're agreeing to. If someone is [sexually assaulted](#) they should go to their nearest hospital emergency room as soon as possible, and connect with [VictimLinkBC](#) for information and support by calling or texting 1-800-563-0808 or emailing VictimLinkBC@bc211.ca

Alcohol

Should people choose to drink alcohol, they can take steps to reduce their risk of getting sick or injured. Hit the food trucks or canteen prior to drinking, avoid having alcohol on an empty stomach. Alcohol can cause dehydration, so make every second drink water.

Drink slowly - don't have more than two standard drinks in any three-hour period. Be aware of long-term risks associated with drinking through the latest evidence-based advice in [Canada's Guidance on Alcohol and Health](#).

Substances

With illicit substances being more poisonous, more unpredictable, and more deadly in this enduring public health toxic drug crisis, it's more important than ever that people use harm reduction practices so stay safer.

Drug-checking can inform the owner of any unexpected, and possibly harmful or deadly, additives in samples. WILD Collaborative Harm Reduction Association, Canadian Mental Health Association Mid Island, and Substance, will be at local festivals through the summer (see backrounder for list of events) offering free, non-judgemental drug-checking. Services are also available at [health facilities and through the mail](#).

Use with someone or have someone check on you. Never leave your friend alone to 'sleep it off.' If using with friends, stagger use or have a designated sober person.

Go slow – try a little bit and see how things go. Don't mix multiple drugs. Don't mix drugs with alcohol.

WILD Collaborative Harm Reduction Association, the Canadian Mental Health Association Mid Island, and Substance Drug Checking are offering free drug-checking and other harm reduction services at the following events:

- Laketown Shakedown
- Phillips Tilt
- Pachena Bay Music Festival
- Sunfest Country
- Blackberry Jam
- Phillips Reverb
- Rifflandia
- Cumberland Wild

About Island Health:

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