



# Recycling Info

## WHAT TO RECYCLE

## HOW TO PREPARE

## DO NOT INCLUDE

**MIXED PAPER PRODUCTS**  
Boxboard and Mixed Paper

**100% PAPER ITEMS**  
Including boxboard, junk mail, magazines and catalogues without glue bindings, office paper, envelopes, paper egg cartons, toilet paper cores etc

**REMOVE ANY PLASTIC LINERS**, flatten boxboard. Keep all paper materials together on one side of blue box

× Wax or foil-coated paper, juice boxes, milk, soy cartons, bathroom tissue, paper towels, any 'soiled' paper, wrapping paper (tissue paper), photos, children's artwork (with glue)



**CORRUGATED CARDBOARD**  
(non-waxed)

**ALL NON-WAXED CORRUGATED CARDBOARD** including packing and shipping boxes, corrugated packing material, etc

**CUT DOWN** to fit inside box, or neatly tie bundles together. Place beside Blue Box  
Maximum 1.2 m Long

× Waxed cardboard, dirty cardboard, cardboard with food debris (soiled portion of pizza boxes are not recyclable)



**NEWSPAPER & INSERTS**  
(non-glossy)

**NEWSPAPERS & NEWSPRINT**  
Including all inserts & flyers that arrive inside your newspaper

**PLACE CLEAN NEWSPAPERS & INSERTS IN THE BLUE BOX**— Place to one side of the box with other paper materials

× Glossy print pamphlets



**METAL**  
Food & Beverage Cans & Tins

**ALL FOOD-GRADE ALUMINUM & STEEL CANS**

**REMOVE LABELS & RINSE.** Flatten where possible. Place tins loosely in the box and set at curb in blue bin

× Aerosol cans, cans that contained hazardous chemicals, scrap metal, hangers, etc.



**RIGID PLASTIC Bottles & Containers**  
(Plastic #1/2/3/5/6/7)

**PLASTIC BOTTLES & RIGID CONTAINERS**  
With the 1/2/3/5/6/7 numbered symbol on bottom

**REMOVE & DISCARD LIDS.** Rinse bottles and squash or flatten (if possible)

× Any plastic container without a # on the bottom, Styrofoam, motor oil containers, containers that contained hazardous materials.



**SOFT PLASTICS & FILM**  
(Plastic #4)

**PLASTIC BAGS AND FILM**  
With the 4 numbered symbol on bottom

**ENSURE ALL BAGS AND FILM ARE CLEAN AND FREE OF FOOD WASTE. PLACE IN PLASTIC GROCERY BAG AND TIE OFF**

× Any soft plastic/plastic film that has food debris or any other debris



**PROGRAM INQUIRES???**  
Call the ACRD at 250-720-2700

**WEST COAST PICKUP INFO???**  
250-726-4406



**ALBERNI VALLEY MISSED PICKUPS???**  
Call Sun Coast Waste Services 250-720-2161