



Alberni-Clayoquot Regional Hospital District

BOARD OF DIRECTORS MEETING

THURSDAY, NOVEMBER 13, 2014, 1:30 PM

Regional District Board Room, 3008 Fifth Avenue, Port Alberni, BC

AGENDA

- | | PAGE # |
|---|--------------|
| 1. <u>CALL TO ORDER</u>
<i>(immediately following the ACRD Board Meeting)</i> | |
| Recognition of Traditional Territories. | |
| 2. <u>APPROVAL OF AGENDA</u>
<i>(motion to approve, including late items requires 2/3 majority vote)</i> | |
| 3. <u>ADOPTION OF MINUTES</u> | |
| a. Board of Directors Meeting – October 8, 2014 | 3-5 |
| <i>THAT the minutes of the Alberni-Clayoquot Regional Hospital District Board of Directors held on October 8, 2014 be adopted.</i> | |
| 4. <u>PETITIONS, DELEGATIONS & PRESENTATIONS (10 minute maximum)</u> | |
| 5. <u>CORRESPONDENCE FOR ACTION</u> | |
| 6. <u>CORRESPONDENCE FOR INFORMATION</u> | |
| a. Island Health | 6-9 |
| Amputees Support Each Other With Practical Tips and Understanding. | |
| <i>THAT this correspondence be received for information.</i> | |
| 7. <u>REQUEST FOR DECISIONS & BYLAWS</u> | |
| a. Request for Decision | 10-11 |
| Finance Warrant No. 476 | |
| <i>THAT the Regional Hospital District Board of Directors approves Finance Warrant Number 476 in the amount of \$7,967.12 dated October 31, 2014.</i> | |
| 8. <u>REPORTS</u> | |
| a. Bamfield Outpost Hospital – E. Geall | |

- b. Alberni-Clayoquot Continuing Care Society – J. McNabb
- c. Island Health Capital Planning Committee – P. Cote/C. Solda
- d. West Coast Native Health Care Society – P. Cote
- e. Tofino General Hospital – J. Osborne/B. Irving
- f. Alberni-Clayoquot Health Network – P. Cote
- g. Other Reports

THAT the Regional Hospital Board of Directors receives reports a-g.

9. **UNFINISHED BUSINESS**

10. **LATE BUSINESS**

11. **QUESTION PERIOD**

12. **ADJOURN**



Alberni-Clayoquot Regional Hospital District

MINUTES OF THE BOARD OF DIRECTORS MEETING HELD ON WEDNESDAY, OCTOBER 8, 2014

Regional District Board Room, 3008 Fifth Avenue, Port Alberni, BC

DIRECTORS PRESENT: Penny Cote, Chairperson, Chairperson, Electoral Area "D" (Sproat Lake)
Cindy Solda, Vice-Chair, Councillor, City of Port Alberni
Eric Geall, Electoral Area "A" (Bamfield)
Mike Kokura, Electoral Area "B" (Beaufort)
Tony Bennett, Electoral Area "C" (Long Beach)
John McNabb, Electoral Area "E" (Beaver Creek)
Lucas Banton, Electoral Area "F" (Cherry Creek)
John Jack, Councillor, Huu-ay-aht First Nation
Jack McLeman, Councillor, City of Port Alberni
Josie Osborne, Mayor, District of Tofino
Alan McCarthy, Member of Legislature, Yuułu?it?ath Government

REGRETS: Wilfred Cootes, Councillor, Uchucklesaht Tribe Government
Bill Irving, Mayor, District of Ucluelet

STAFF PRESENT: Russell Dyson, Chief Administrative Officer
Andy Daniel, Manager of Environmental Services
Teri Fong, Manager of Finance
Mike Irg, Manager of Planning and Development
Wendy Thomson, Manager of Administrative Services

1. CALL TO ORDER

The Chairperson called the meeting to order at 4:07 pm.

The Chairperson recognized the meeting this afternoon is being held in the Tseshaht First Nation and the Hupacasath First Nation Traditional Territories.

2. APPROVAL OF AGENDA

MOVED: Director Geall

SECONDED: Director Kokura

THAT the agenda be approved as circulated.

CARRIED

3. ADOPTION OF MINUTES

a. **Board of Directors Meeting – September 10, 2014**

MOVED: Director Kokura
SECONDED: Director McNabb

THAT the minutes of the Alberni-Clayoquot Regional Hospital District meeting held on September 10, 2014 be adopted.

CARRIED

4. PETITIONS, DELEGATIONS & PRESENTATIONS

5. CORRESPONDENCE FOR ACTION

6. CORRESPONDENCE FOR INFORMATION

a. Island Health

Tofino General Hospital and the Helipad
News Release – Residents to be Surveyed about Changes to the Delivery of
Health Care in Oceanside

MOVED: Director Bennett
SECONDED: Director Kokura

THAT the above noted correspondence be received.

CARRIED

7. REQUEST FOR DECISIONS & BYLAWS

a. Request for Decision regarding Finance Warrant No. 476.

MOVED: Director McNabb
SECONDED: Director Kokura

THAT the Regional Hospital District Board of Directors approves Finance Warrant Number 476 in the amount of \$3,515.28 dated September 30, 2014.

CARRIED

8. REPORTS

a. Bamfield Outpost Hospital – E. Geall – No Report

b. Alberni-Clayoquot Continuing Care Society – J. McNabb

Director McNabb reported the Society held a two day training session last weekend for new and previous directors.

c. IH Capital Planning Committee – P. Cote/C. Solda – No Report

d. West Coast Native Health Care Society – P. Cote – No Report

e. Tofino General Hospital – J. Osborne/B. Irving – No Report

f. Alberni-Clayoquot Health Network – P. Cote

The Chairperson reported the Network Table of Partners is now in place and the first meeting is coming up.

MOVED: Director Solda

SECONDED: Director Geall

THAT the Regional Hospital Board of Directors receives Reports a-f.

CARRIED

9. UNFINISHED BUSINESS

10. LATE BUSINESS

11. QUESTION PERIOD

12. ADJOURN

MOVED: Director Kokura

SECONDED: Director Osborne

THAT this meeting be adjourned at 4:10 pm.

CARRIED

Certified Correct:

Penny Cote,
Chairperson

Russell Dyson,
Chief Administrative Officer

From: Island Health Info <VIIslandHealth.Info@viha.ca>

Subject: Island Health FYI: Amputees support each other with practical tips and understanding

Date: October 23, 2014 at 9:30:37 AM PDT

To: undisclosed-recipients;

viha.ca/news



FYI: promoting island health

FOR IMMEDIATE RELEASE

October 23, 2014

Amputees support each other with practical tips and understanding

ISLAND WIDE – People who have experienced wide-ranging challenges following an amputation are playing an important role in assisting others who face similar issues – whether it’s adapting to drive a car again, keeping motivated during rehabilitation or checking out products to aid comfort and mobility.

“With new amputees, it can be overwhelming in the beginning. Initially, many say, ‘I don’t know how to cope,’” said Kathy McKay, a long-time member of the Mid-Island Amputee Support Group.

The Mid-Island group, which was formed two years ago, meets the first Wednesday of each month at Nanaimo Regional General Hospital (NRGH). The recently formed South Island Amputee Support Group meets the first Tuesday of each month at Begbie Hall, adjacent to Royal Jubilee Hospital (RJH) in Victoria.

Amputees stress that a positive outlook is vital to deal with the loss of a limb.

“It’s so important to keep your spirits up – to have a positive attitude. If you have a goal to do things and make sure you attain that goal, it makes life easier to deal with,” said McKay, who had her left leg amputated when she was an infant. It has been a constant learning experience for McKay who still works to improve her balance.

She advises people who are preparing for an amputation or have recently lost a limb to focus on what is important to them and adapt to the “new normal.”

“You just find a new way to do things. You realize you can still do the things you love to do, you still have the people around you that you did before. Amputation doesn’t define you. It’s not your life,” she said.

Mid-Island group member Steve Middleton was cycling home from work 14 years ago when

he was hit by a drunk driver. He had his right leg amputated above the knee but was determined to continue his active lifestyle – hiking, mountain biking and skiing. He is happy to take part in the meetings, brainstorming with other members and sharing ideas about how to deal with issues whether it's getting in and out of the bathtub or advocating for improved accessibility.

“We try to tell everyone that the biggest challenge is the mental adjustment. It's all in your train of thought and attitude. The bottom line is you just have to get on with it,” Middleton said.

Guest speakers occasionally attend meetings to address specific topics such as accessibility. Often it's a case of amputees describing how they have dealt with issues that new participants are facing.

Peter Guy told the Nanaimo group how he has learned to cope with phantom pain that seems to originate from his missing limb. He visualizes the sensation being relocated to part of a tree and “parked” there as he relaxes what remains of his left leg. Guy described his operation as a “game-changer” but said he is determined to keep up his rehabilitation exercises using a step-machine and regaining his mobility with a walker.

“Since we formed this group, we've heard so many stories,” said clinical nurse educator Erin Roberts, with the Inpatient Rehabilitation Unit at NRGH. “What amazes me is the optimistic outlook of amputees – what spirit they have and what they continue to do.”

In addition to the groups, peer support is available for amputees on a one-to-one basis. Island Health also offers a range of services primarily through the [Intensive Outpatient Rehabilitation Program](#) with clinics in Nanaimo and Victoria.

Amputees and family members can learn about resources and upcoming support group meetings through the Intensive Outpatient Rehabilitation Program at Royal Jubilee Hospital, 250-519-1739 or Nanaimo Regional General Hospital, 250-755-7691.

-30-

Cutline: Graham Howard arrived in a gurney to take part in a recent meeting of the Mid-Island Amputee Support Group. Other participants, from left: Moira Howard, rehabilitation nurse Erin Roberts, Steve Middleton, Peter Guy and Kathy McKay.

Media Contact:

Bruce Patterson
Island Health Communications
250-740-6980
Robert.patterson@viha.ca

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Bruce Patterson | Island Health Communications

Phone: 250.740.6980 | email: Robert.Patterson@viha.ca

Web: www.viha.ca | [Facebook](#) | [Twitter](#)



island health



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MEMORANDUM

TO: Regional Hospital District Board of Directors
FROM: Teri Fong, CPA, CGA, Manager of Finance
DATE: November 4, 2014
RE: Finance Warrant No.476

Recommendation:

That the Regional Hospital District Board of Directors approves Finance Warrant Number 476 in the amount of \$7,967.12 dated October 31, 2014.

Chief Administrative Officer Comments:

Concur

IMPLICATIONS OF THE RECOMMENDATION

1. GENERAL

That the Regional Hospital District Board of Directors reviews the details of the expenditures made in the previous month and when satisfied, approves the finance warrant.

2. TIME REQUIREMENT – STAFF AND ELECTED OFFICIALS – none

3. FINANCIAL – none

4. POLICY OR LEGISLATIVE – none

5. RELEVANCE TO THE STRATEGIC PLAN AND CURRENT WORK PLAN

Improve financial controls by increasing the transparency of the Hospital District's financial affairs.

6. COMMUNICATIONS ISSUES - none

Submitted by: Teri Fong, CPA, CGA, Manager of Finance





Supplier : 0050 To 912
Trans. Date : 01-Oct-2014 To 31-Oct-2014
Cheque Date : 01-Oct-2014 To 31-Oct-2014
Cheque No. : All
Batch No. : All

Bank : 1 To 1
Status : All
Medium :
 M=Manual C=Computer R=Credit E=EFT-PAP T=EFT-File

Supplier	Supplier Name						
Chq/Ref #	Cheque Date		Status	Batch	Medium	Amount	
Invoice No.	Account No.	Account Description			Debit	Credit	
1125	MUNICIPAL FINANCE AUTHORITY						
EFT-14	06-Oct-2014		Issued	27	E	1366.29	
93-2/2014	01-4-6030-000	ACCOUNTS PAYABLE			1366.29		
Invoice Description -->		DEBENTURE DEBT					
Total :					1366.29	0.00	1366.29
Supplier Total :					1366.29	0.00	1366.29

1850	VANCOUVER ISLAND HEALTH AUTHORITY						
1013	08-Oct-2014		Issued	25	C	6600.83	
OCT1/14	01-4-6030-000	ACCOUNTS PAYABLE			6600.83		
Invoice Description -->		P-264, P-265, P-266					
Total :					6600.83	0.00	6600.83
Supplier Total :					6600.83	0.00	6600.83

Total Computer Paid :	<u>6,600.83</u>	Total EFT PAP :	<u>1,366.29</u>	Total Paid :	<u>7,967.12</u>
Total Manually Paid :	<u>0.00</u>	Total EFT File Transfer :	<u>0.00</u>		