Our Mission: To speak with a collective voice on regional and local health issues by facilitating dialogue and understanding amongst citizens and stakeholders. The Network is a community driven mechanism that helps to build partnerships and capacity; share concerns, ideas and resources and create innovative solutions that impact the social determinants of health and work towards sustainable healthy communities. (from ACHN 2012 Strategic Plan).



Alberni Clayoquot Health Network

Summer News

Happy sunshiny summer to you, hope you have been finding the time to enjoy some time away from the office!

ACHN Update

We have been busy getting things up and running, defining how the ACHN can leverage our collective voice to impact the health of individuals and communities in the region. Due to a lengthy pause and examination of our governance we have been revising our strategic plan to better reflect the curren



Evaluation Snapshot

We have been checking in with ACHN Table of Partner members and partner networks to initiate our strategic priorities evaluation and hearing some great feedback on objectives and activities related to our strategic priorities.

Network Development Role of the ACHN -Convene, connect, influence and increase collective

opportunities which are available. To date we have heard some excellent feedback on top objectives and activities and we would like to hear from you! Fill out our <u>survey</u> when you have a moment or get in touch with the ACHN Coordinator - Marcie DeWitt achn@acrd.bc.ca - if you have several moments and would like to speak further!

Check out the sidebar for a snapshot of what we have heard so far.

What to expect this year...

This summer we are reaching out to you through the survey (above) and conversations with community partners to develop plans to move forward. So what can you expect for 2015 -2016?

- Fall 2015 we will distribute our updated Strategic Plan and Communications Plan
- We will be pulling together and updating communication tools based on your feedback - website, resources, newsletter, etc.
- September 2015 we will be convening the first meeting of the Transportation Action Table
- Educational gatherings and training we

voice on priorities related to regional health and well being.

Communication Tools -

Newsletter, website to connect resources and host information, success stories and education campaigns

Transportation

Check out the Dialog to Action Report for information and expect information on the first meeting of the Transportation Action Table this fall!

Healthy Children and Youth

Partners interviewed have unanimously identified mental wellness, support for child and youth transition periods and embracing a holistic approach which includes families as priority areas to influence the health of children and youth.

Housing

In the past year there has been three housing studies convened in the region by three separate entities. ACHN partners have identified the need to bring regional stakeholders together to identify synergies, were we can be most effective collaboratively in the future!

Health Literacy

What does health literacy mean to you? Education around this broad topic is the most popular activity are putting our feelers out for capacity building opportunities for the region, stay tuned for more information and updates!



Regional Success Story

Through interviews and discussions with community partners we keep hearing that you want to know more about the successes, innovations and collaborations happening in the region. We heard you, we will be including stories where ever possible. Send us yours achn@acrd.bc.ca

Ucluelet Elementary School Garden and Outdoor Class Room

This year our local school district has taken on some exciting planning. Looking at innovative news ways to maximize the impact of learning identified for this priority area. Let us know what you think!



Transportation Dialog to Action

On June 11th we brought together 31 decision makers and partners from the transportation and human service sectors to host a Dialog to Action Workshop supported by BC Healthy Communities. We used the opportunity to report out on the 2014 Transportation Consultation Report, validate recommendations of the report and plan next steps. A complete report is available <u>here</u>.

Educational Opportunity: Commu nity Health Promotion in Aboriginal Communities

Vancouver Island University will be receiving one-time funding for the Community Health Promotion in Aboriginal Communities Certificate sites and education in our communities. The Ucluelet Elementary School Sustainability Class is one example of how things are being done differently, using the current capacity to do more. Looking at a beautifully built yet rarely used greenhouse inspired elementary school teacher Carey MacPherson and Nuu-Chah-Nulth Support Worker Jason Sam who are both advocates of outdoor education. Through out the year work parties with students and community members where organized. Community partners to organized a permaculture design workshop, assisted with donations and labor. Funds for infrastructure have been leveraged from a wide variety of funders and community donations transforming the greenhouse from an empty stand alone building to a thriving hub of activity. This year elementary school students grew in the greenhouse while the team worked to fence off the area and expand growing to the outdoors. Next year brings plans to see the space transformed into an outdoor classroom with a fire pit and benches. Want to know more or check out the project progress? Check out the Facebook group: https://www.facebook.com/groups/96645237671

1857/

program, which allows us to reduce tuition to \$3412.50 (from \$6825), plus applicable Student Union and Student Activity fees. See the complete course outline here!

We would love to hear from you!

We welcome you to connect with us, here are just a few ways you can access the ACHN:

- Contact the coordinator Marcie DeWitt at achn@acrd.bc.ca or 250-726-5019
- Invite us to your meeting
- Send opportunities or make a presentation to the ACHN Table of Partners
- Send us information and successes to share with our table or in the newsletter

Look forward to connecting!