



Alberni-Clayoquot Health Network Planning Committee Meeting

Meeting Notes

Notes from a meeting of the Alberni-Clayoquot Health Network Planning Committee held on Thursday, February 21, 2013 in the Regional District Board Room, 3008 Fifth Avenue, Port Alberni, BC.

Present: Tanis Dagert, ACHN Coordinator
Cathy Gislason, VIHA, Integrated health Network
Laurie Money, MCFD, AV Social Council
Patty Edwards, Canadian Mental Health Association, Scott Fraser MLA
Marcie Dewitt, Coastal Family Resources Coalition
Stan Matthew, Nuuchahnulth
Lenore Benedict, Alberni Hospice
Esther Pace, VIHA
Peter Klaver, SD #70
Helene Dufour, VIHA
Sandra Gentleman, VIHA
Linda Taylor
Shelli Lyle, ACRD Admin Assistant
Julie Rushton, Make Children First Network
Adriane Schroeder, VIHA

The meeting was called to order at 9:10 am

Welcome

Irene Robinson – Family Literacy Coordinator Port Alberni Friendship Center
After the welcoming Irene explained hisuk is c'awalk means everything is one, everything is connected. We are only one, we need to look after and respect each other.

Network Updates – Round Table Discussions

Integrated Health Network has submitted the pain program proposal. COPD information sessions will be offered in March. The Walk with the Doctors is May 9 at Bob Dailey Stadium. An overdose prevention training program is commencing Friday, February 22 in Port Alberni this training will be held up and down the island. We are offering a Chronic Pain self management program, the happy soles foot care program gave tips and strategies for good foot care. The Good Food Box program is up and running. Once a month you can order thru the Salvation

Army cost is \$12 and you receive fresh produce. We are currently piggy backing on Nanaimo Food Share as the demand grows here and we get bigger numbers we can do it in Port Alberni, we will be offering a cooking class on pick up day.

The Ministry of Children and Family Development unveils BC's Early Years Strategy <http://www.newsroom.gov.bc.ca/2013/02/premier-unveils-bc-early-years-strategy.html> .

Youth Action Committee is in discussions and collaboration with the RCMP regarding high risk youths; children out on the street; those that are awol not attending school.

The Provincial Office of Domestic Violence is requesting public feedback to help advance the development of a three-year provincial plan to address domestic violence.

The Ministry is also leading a partnership with other ministries regarding Domestic Violence.

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Nuu chah nulth Mental Health Program is hiring their Wellness Outreach Worker who will start in March.

VIHA has hired the new Preschool Speech Therapist is Cathy Slater. The Shelter Society's new facility initiative is continuing to move along. February is the family eating together contest, partnering with many community agencies to promote family meals, the benefits for eating together help children improve their health, they perform better in school and make better social decisions.

The Eight Avenue Child Poverty Backpack Program supports 25 children who take food home on the weekends.

Terms of Reference

Adoption the Terms of Reference with the addition of representation from the Nuu chah nulth and School District #70 and amendment stating that sub- committees may be formed or sponsored by an already existing committee or network.

Strategic Priorities

Network Development – Tanis is attending Public Policy Institute her project is the Bamfield/Huu ah aht Accord and will be working with Eric Geall and Kathy Wadell and others to prepare a process for an Accord. We are sending out monthly newsletters, updating the facebook page and website on a continuous basis and networking the networks. A business card has been created for distribution so groups know how to join. Plans are underway for forums, capacity building training for youth leaders. A sub-committee to look at recommendations regarding an evaluation framework and process for undesignated funding will be created. Work is beginning on action plans in order to move the strategic plan ahead. In addition to the strategic priorities we are also involved in other projects; eg. age friendly, indicators and food security.

Healthy Children, Youth and Families – MOU 's are being signed monies delivered next week. This will enable the 3 tables to collaborate, to be strong supporters for Early Childhood Development for the whole Region.

WC Forum April 3rd

AV Forum – Fall 2013

Health Literacy – People need the skills to process and understand basic health information and services needed to make appropriate health decisions and follow instructions for treatment. The American Medical Association states “current data indicate that more than a third of American adults lack sufficient health literacy to effectively undertake and execute needed medical treatments and prevent health care.”

Affordable Housing – (see below)

At Home In Alberni Valley
Community Stakeholders Initiative to End Homelessness
01-February-2013

Our Principles: We Can End Homelessness; "We Practice Housing First"; We Concentrate on Measureable Results

Category	At Home	At Risk	Transitional Homeless	Sheltered Homeless	Absolute homeless
Characteristics	Safe, adequate and stable home situation which is not likely to change quickly	Likely to be homeless if there is a sudden change in personal situation	In transitional housing and working on issues to return to stable housing	In low or zero-barrier social housing	On the street, living rough, in homeless shelters, not taking steps to manage illness or addiction
Indicators	Cost of housing in Alberni Valley Number of units available for rent Waiting list for social housing units Waiting list for supportive housing units		Residents in Transition House Residents in Roger St. Apartment Average lengths of stay	Residents in PA Shelter Average lengths of stay	Bread of Life meals served Housing calls to Kuu-us Crisis line Kuu-us outreach worker records CMHA outreach worker records
Current services	ACAWS Outreach BC Housing - 65 units CMHA Advocacy/Outreach CMHA Kendall Apartments Kackaamin Family Development Centre KUU-US Crisis Line Makola Housing - 42 units PANPHA - 20 units PASS Duplex - 2 family units CMHA King George Apt. - 14 units		ACAWS Transition House Garnet House - 3 CMHA Roger St. Apt. 42 beds PA Shelter - 24-26 beds KU-UUS Armoury - 4 beds Jericho Road??	PA Shelter - 12-17 beds Phoenix House - 15-22	Bread of Life kitchen CMHA outreach workers Kuu-us outreach workers VIHA Public Health outreach VIHA ACT Team
Gaps	Very few purchase options for low income earners Limited rental options for low income earners Housing supports - accessing social housing units Limited options for supportive housing units (e.g. FASD) Housing supports - furnishings, relocation, food, finance planning Few formal tenant/landlord support options		Limited options for women fleeing abuse No transition options for families	Sustainability and capacity for low-barrier shelter No safe-sobering center No emergency youth shelter Not enough capacity for shelter beds No family shelter options	
Strategies	Promote affordable home ownership with bylaw changes Promote affordable rent options with bylaw changes Develop additional supportive housing Develop tenant/landlord support services Develop accessible housing options		Support Women's 2nd stage housing Develop additional transitional units	Support/mentor Phoenix House Develop a safe-sobering/assessment service (ACT Team?) Develop youth & family shelter beds Support PA Shelter to develop new facility	

Transportation – several enquiries have been made with BC Transit and other regions. Our issues are very unique (example logging road to Bamfield) A private supplier, the operating company that provides our local transit will be preparing a proposal for the next meeting.

Budget

Review 2013 allocations bring updates of current spending to the meeting.

Next meeting April 18, 2013 at the ACRD office