



October 2012

The Alberni Clayoquot Health Network is on the web! Check out our web page [here](#) and join us on [Facebook!](#)

UPCOMING EVENTS

- **The Vancouver Island Food Connections Conference** October 19
- **Alberni Valley Social Services Network Meeting** October 26
- **"Farm to School: Getting Started" orientation session** October 22
- **Workshop: Asset-based Community Development** October 27
- **MCFD Autism Outreach Parent/Caregiver Workshop** November 1-2
- **Re-Skilling Festival** November 26
- **Presentation: The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help** November 26

NEWS / ANNOUNCEMENTS:

In gratitude for his service to our network, and condolences to his family: **ACHN Co-Chair, [Glenn Wong](#)** passed suddenly last month.

The **Children's Health Foundation of Vancouver Island** (formerly known as the Queen Alexandra Foundation) makes grants to not-for-profit service agencies on Vancouver Island and the Gulf Islands that support the health and well-being of children, youth and families. New grant deadline is Dec.1st. <https://childrenshealthvi.org/apply-funding>

The **Clayoquot Sound Biosphere Reserve** launched it's first Vital Signs report. 'Vital Signs' brings together social, cultural, economic & environmental information / statistics about the Clayoquot Region. Good info! Check it out! <http://clayoquotbiosphere.org/web/vital-signs/>

Alberni Clayoquot Health Network Strategic Planning Session. Members of the ACHN Planning Committee will be meeting on Wednesday Oct. 31st at 6pm for an informal dinner & presentation by Russel Dyson about 'the region' at the Barclay Hotel and then all day on Thursday Nov. 1st at the Echo Centre Field House to plan the next steps for the health network. Jim Sands from the [Social Planning and Research Council of BC](#) will be facilitating our work together. Members of the Planning Committee are kindly requested to r.s.v.p. to Shelli Lyle for either/ both of these events a.s.a.p. slyle@acrd.bc.ca

UPCOMING EVENTS

The Vancouver Island Food Connections Conference is this Friday October 19th in Duncan. VIHA and the Food Security Hubs are hosting a Food Connections Conference this Friday October 19th, 9am to 5pm at the, Island Savings Center 2687 James St in Duncan. **To register**, send your name, city & your organization/ initiative. Food Connections is an opportunity to meet face to face and hear what is happening to support food security on the Island. Get ideas, be inspired and learn new skills at this interactive gathering with a unique island perspective. **Highlights:**

- Foundations of our Island Food System
- Whole Food System World Café
- Collective Action Planning Session
- Skill Building Workshops

"Farm to School: Getting Started" orientation session sponsored by the Public Health Association of BC. For school staff, community members, health professionals and others who are interested in starting up a new program. Join us by teleconference on **October 22 from 3:30 - 4:30 pm** to learn more about farm to school and successful program models. Learn about the latest resources available to support the planning and implementation of a new program, including the new Salad Bar Equipment Grants. To participate in this teleconference, **please RSVP** to Brenda Kent farmto-schoolbc@gmail.com

Workshop: Asset-based Community Development. Oct. 27th from 10 to 4. First Metropolitan Church (932 Balmoral Road) in Victoria. Learn practical skills for mobilizing unique community gifts and strengths with renowned speaker, author and innovator Jim Diers. Explore “needs” versus “asset-based” approaches to community development that focus on engaging volunteers/citizens. Sliding scale \$27.50 to \$54. Bring a bag lunch. <http://assetbasedcd.eventbrite.ca/>

Alberni Valley Social Services Network Meeting, Friday, October 26/12 1:30 to 3:00 at the Abby field Basement, Sponsored by the Ministry of Children and Family Development and the Alberni Valley Social Planning Council. Have you wanted to know what services are available to Children, Youth and Families in the Valley? Have you wanted to meet some of the people face to face that you have talked to on the phone? Have you wondered what new programs and initiatives are taking place in the community relating to Social Services? Includes a presentation by Myron Jespersen on new Draft Community Web based Service Directory & Networking. Each agency/Service will introduce themselves – outline briefly any updates, overviews of their service. Free time to mingle, share Business Cards, etc.

MCFD Autism Outreach Parent/Caregiver Workshop, November 1-2, 2012: **Port Alberni, BC:** Gyro Youth Center. The goal of the workshop is to improve access for families to research-based information and resources on autism and treatments for children and youth with autism spectrum disorders (ASD). MCFD is not charging for the workshop but eligible participants **must register** to attend. These workshops are open to parents and caregivers only, however, families may invite a member of their child's intervention team to join them. Visit <http://www.mcf.gov.bc.ca/autism/index.htm> and look to the right hand side of the page.

Re-Skilling Festival, November 3rd, **Ucluelet,** 10:00 am – 5:00pm @ Ucluelet Community Centre **with guest Speaker Ross Laird.** The Raincoast Re-Skilling Festival is designed to provide local residents with the skills to begin the transition away from a globalized, fossil-fuel dependent community towards a more localized, self-reliant community. <http://raincoasteducation.org/events/re-skilling-festival>

Presentation: The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help ~ With leading anti-violence activist, Jackson Katz Ph.D <http://havensociety.com/wp2/jackson-katz/> Monday, November 26th, 7:30pm-9:00pm, Coast Bastion Inn, Nanaimo. Free.

Related News /Resources!

It's flu season! Info from the VIHA website re: eligibility for free flu shots, clinics etc. <http://www.viha.ca/flu/public/>
VIHA launches a new magazine called '**A Healthier You**': created especially for residents of the region. http://www.viha.ca/about_viha/news/healthier_you/

Check out the latest **BC Healthy Communities** e-brief. <http://www.icontact-archive.com/G5uyqCut6B0YyqAXx6WEg7HhSi2sq2KI?w=2>