



July 2012

## **Like Us on Facebook!**

The ACHN is now on Facebook! 'Like' us and get our newsfeed for healthy community related info and network updates.

<http://www.facebook.com/AlberniClayoquotHealthNetwork?ref=hl>

The following is information we have collected and culled regarding funding and opportunities focused on assisting individuals, groups and communities to improve 'health'. Thanks so much to the contributors. Keep sending information our way that you would like to share with the Network!

*Warmest Regards,  
Tanis Dagert and  
Shelli Lyle, Alberni  
Clayoquot Health  
Network*



Greetings Members of the Alberni Clayoquot Health Network! We hope you are having a fun and active summer enjoying all that our region has to offer.

## **ACHN Survey**

If you haven't done so already, this is the last call to participate in the ACHN short survey. The deadline is July 31st and everyone who completes the survey will be entered into a draw for a \$50 gift certificate to their favorite restaurant. Find the survey link here: <http://www.surveymonkey.com/s/M8YHZGR>

## **Facebook**

We have a Facebook Group! For those of you on facebook please 'like' us and contribute to the discussion of how we can work together to improve the health and well-being of individuals and communities in our region. <http://www.facebook.com/>

## **HEALTHY EATING / ACTIVE LIVING:**

The Port Alberni Social Planning Committee asked the ACHN to get involved in the development of an indicator project. 'Indicator projects' help to deliver new knowledge about the quality of life in local **Nutrition Link Services Society** will be awarding grants up to a total of \$14,000 to non-profit community groups and agencies to inform, educate and counsel vulnerable British Columbians in making healthy food choices. The application deadline is September 30, 2012. Details and application form can be found on their website – [www.nutritionlink.org](http://www.nutritionlink.org)

The **Canadian Tire Jump Start** program is open to all youth aged 4-18 years and "gets kids in the game" by covering the costs of equipment, registration and/or transportation and lends support to unique initiatives aimed at increasing access to sport and recreation programs. Grants up to \$300 per application and are for sus-

tained programs that last a season (minimum 1X/week for at least 5 weeks). Applications for assistance can be submitted July 1 to November 1 for fall/winter programs. [jumpstart.canadiantire.ca](http://jumpstart.canadiantire.ca)

**KidSport™** (a Sport BC program) provides assistance (\$150 to \$400 in grants) to families of children in need to help kids participate in local activities they otherwise could not afford to participate in. For information about how to apply, see the KidSport™ section of the Sport BC website <http://www.kidsportcanada.ca>

**SOGO Active Challenge** is a national initiative, presented by Coca-Cola Canada in collaboration with ParticipACTION, to support and encourage physical activity in Canadians aged 13-19 by taking the Sogo Active Challenge, attending Sogo Active Events, and working together to overcome the physical inactivity crisis. They are looking for community hosts to support

youth activities and events, and work with youth to receive micro-grants of up to \$500 for ongoing Challenges, or up to \$250 for one-time events. <https://secure.sogoactive.com/ssldocs/common/howhosts canhelp.jsf>

**Hosting BC** provides funding for international, national, provincial or regional level sport events. Organizers can apply for funding to for event operational expenses. Events must be sanctioned by the relevant National or Provincial Sport Organization and support the development of athletes. For details on the more information visit [www.hostingbc.ca/resources](http://www.hostingbc.ca/resources)

**BC Sport Agency - Community Program Support** has a number of programs that support community sport participation such as the Sport Participation Program, Local Sport Development Fund, and Aboriginal sport grants. For more information visit [www.BCSportAgency.com](http://www.BCSportAgency.com)



#### ALBERNI-CLAYOQUOT HEALTH NETWORK NEWSLETTER



## HEALTHY COMMUNITY INFRASTRUCTURE:

**Mountain Equipment Co-op Community Contributions** - MEC's Vision is that Canada will be home to the world's most comprehensive network of parks and protected areas and sustain the world's most outstanding outdoor playground. Self-propelled outdoor activity will be a primary feature of Canadian culture and lifestyle. Grants are available for: Land Acquisitions; Capacity Building's Research; Advocacy and Education; Access Activity; Urban Sustainability. Application deadline **October 28th, 2012** <http://www.mec.ca/AST/ContentPrimary/Sustainability/CommunityContributions.jsp>

The **Community Infrastructure Improvement Fund (CIIF)** is a new, two-year national program that will invest \$150 million to rehabilitate and improve existing community infrastructure across Canada for things like community centres, parks and recreational facilities (e.g. local arenas, swimming pools, sports fields, and other types of recreational facilities). Applicants seeking less than \$250,000 in CIIF funding will receive priority. Total federal funding for a project will not exceed 50% of total eligible project costs. <http://www.deo.gc.ca/eng/13771.asp>

## EARLY YEARS:

The **First Nations and Urban Aboriginal Early Childhood Development Steering Committee** is pleased to announce the release of its 2012-2013 Call for Applications for Community Early Childhood Development Projects/Programs servicing BC First Nations, Urban Aboriginal and Métis children, zero to six years of age. The First Nations and Urban Aboriginal Early Childhood Development Steering Committee has identified two funding streams for the 2012 – 2013 fiscal year: Language and Culture and Service Improvements and Quality (up to \$25,000) <http://fnuaecdsc>



The **Ministry of Children and Family Development** Minor Capital Funding Program has been renewed for 2012-2013. Funds are available for licensed Group Child Care, Preschool or Group Child Care School Age child care facilities. Each facility may receive up to \$2,000 for the following expenses: Emergency upgrades or repairs to existing facilities; Emergency replacement of furnishings and equipment necessary to comply with the Ministry of Health Child Care Licensing Regulation; or Relocation costs when a child care facility is moving to another location. More information: <http://www.mcf.gov.bc.ca/childcare/capital.htm>



**RESOURCES AND OPPORTUNITIES:**

The **Ministry of Social Development** announced a number of changes to income assistance policies that will help clients lead more independent lives, achieve better outcomes, and where possible, avoid the cycle of income assistance dependence. In addition to the policy changes announced in June, there was a recent announcement regarding medical supplies. A number of medical supplies and equipment that the Ministry used to pay for will now be restored effective October 1, 2012. The following is a link to a handy chart describing in detail all of the changes and what clients need to do. <http://www.sd.gov.bc.ca/clientinfo/2012-10-update.htm>

The **Canadian Women's Health Network** is looking to mail out free bulk copies (20, 50, 150, or more) of a number of our reliable health information publications that are ideal for classrooms, community centres, staff rooms and public spaces. Titles include: Not Just Victims: Women in Emergencies and Disasters (WHCR, 2009) Evidence for Caution: What women need to know about statins (WHP, 2009) The HPV Vaccine: Information for Parents (and others considering it) (WHP, 2009) Women and Wait Times - Why are wait times women's issues, and what are the issue for women? (WHCR, 2008) Just the Facts Ma'am... A women's guide for understanding Evidence about Health & Health Care (Women and Health Care Reform, 2005)...and many more! Contact [outreach@cwhn.ca](mailto:outreach@cwhn.ca) to order your copies.

The **Patient Voices Network** (PVN) initiative of the Ministry of Health, enables patients, families, and communities to participate in health care system change by providing opportunities for community building, skill building and support. Register for upcoming webinars: July 25th Patient Engagement and August 29th Effective Communication Skills. <https://www.patientvoices.ca/get-involved>

**ALBERNI-  
CLAYOQUOT  
HEALTH  
NETWORK  
NEWSLETTER**

