Paper

MMBC MATERIALS LIST

MATERIAL Newspapers, inserts and	DESCRIPTION Daily and community newspapers and advertising flyers	 NOT ACCEPTED No plastic bags used to cover newspapers/flyers No rubber bands
flyers Magazines	All types	
Catalogues	All types	
Telephone books	Phone books; directories	* No hard cover or paperback books
Paper gift wrap and greeting cards		 No non-paper or foil gift wrap No ribbons or bows No musical greeting cards with batteries
Writing/home office paper and correspondence	Note pads; loose leaf paper; white or coloured computer, copier and printer paper; printed paper; plain and window envelopes <i>Shredded paper accepted</i> <i>if inside a firmly tied, clear,</i> <i>plastic bag (no opaque,</i> <i>coloured or black bags)</i>	* No padded envelopes



MMBC MATERIALS LIST

Paper packaging that contained dry items when sold

MATERIAL	DESCRIPTION	NOT ACCEPTED
	Shipping boxes, grocery and liquor store boxes, pizza boxes <i>Empty boxes. Flatten large</i>	 No cardboard boxes with wax coating, e.g., empty shipping boxes made available for residents to transport their groceries home
Corrugated cardboard boxes	corrugated boxes and tie in bundles no larger than 8" thick (20 cm) X 30" wide (78 cm) X 30" tall (78 cm); staples and tape accepted	
	Boxes for cereal, shoes, tissues, pizza, frozen entrees, desserts, detergent; carrier trays for bulk bottled water, soft drinks, cans, etc.; paper towel and tissue cores	* No paper towels or tissues
Cardboard/boxboard	Flatten and place boxboard directly into the collection container, not inside another box.	
	Egg cartons, take-out beverage trays, paper-based garden pots	* No residue in garden pots
Moulded boxboard packaging		
	Any colour, including brown bags, e.g. grocery sacks, white bags e.g. prescription bags; brown envelopes	 No padded envelopes No foil-lined bags, e.g., packaged cookies
Paper bags (also called kraft paper)		
	Multi-layered bags for pet food, flour, sugar, etc. <i>Layers can include a plastic</i> <i>film layer.</i>	▪ No bags with a foil layer
Paper pet food bags		



MMBC MATERIALS LIST

Paper packaging that contained liquids when sold

MATERIAL	DESCRIPTION	NOT ACCEPTED
COFFEE Paper cups	For hot and cold beverages Remove lids and place loose in recycling container. Empty and rinse cups	 No straws or non-paper insulating wraps
Gable-top cartons	For milk, milk-type beverages, cream, substitute eggs, sugar, molasses, etc. <i>Gable-top cartons may have</i> <i>plastic screw tops. Empty</i> <i>and rinse cartons. Remove</i> <i>caps and place loose in</i> <i>recycling container.</i>	 No juice cartons (take to Return-It depot deposit refund)
Aseptic boxes or cartons	For milk, milk-type beverages, cream, soup, broth, sauces, etc.	 No juice/drink boxes (take to Return-It depot deposit refund) No straws No stand up pouches
Frozen dessert bxes	For ice cream, frozen yogurt, etc.	



Containers

MMBC MATERIALS LIST

MATERIAL	DESCRIPTION	NOT ACCEPTED
	For food including pet food; tins for cookies, tea, chocolates, etc.; include metal lid <i>Empty and rinse cans.</i> <i>Labels OK. Remove lids,</i> <i>drop into can and squeeze</i> <i>top slightly.</i>	 No steel paint cans (Call the RCBC Hotline 1-800-667-4321 or check Recyclepedia) No coat hangers (return to dry cleaners) No pots, pans and baking trays No propane cylinders (refillable or single-use 1L—Call the RCBC Hotline 1-800-667-4321 or check Recyclepedia) No metal toys No metal toys No metal hardware or other scrap metal No wiring or metal cords
Steel cans and lids		* No extension cords
SPRAY Aerosol cans	For food, air fresheners, shaving cream, deodorant, hairspray, etc. <i>Empty cans.</i> <i>Remove caps and place</i> <i>loose in recycling container.</i>	Call the RCBC Hotline 1-800-667-4321 or check Recyclepedia to find out how to dispose of these containers: * No spray paint cans * No aerosol cans with any contents remaining * No propane cylinders
	For frozen juice concentrate,	
CHIPS	potato chips, cookie dough, coffee, nuts, baby formula, etc. <i>Remove lids and place loose</i> <i>in recycling container.</i>	
Spiral wound cans and metal lids		
Aluminum cans and lids	For food, e.g., seafood, cat food, etc. <i>Empty and rinse cans.</i> <i>Labels OK. Remove lids,</i> <i>drop into can and squeeze</i> <i>top slightly.</i>	 No propane tanks or 1 lb. propane bottles (Call the RCBC Hotline 1-800- 667-4321 or checkRecyclepedia) No deposit cans (take to Return-It Depot for deposit refund)



Containers (cont.)

MMBC MATERIALS LIST

MATERIAL	DECEDIDITION	
MATERIAL	DESCRIPTION	NOT ACCEPTED
	Foil wrap and take-out containers such as pie	* No chip or foil bags
	plates, food trays, etc.	* No foil wrap with paper backing for
		butter, cigarettes, etc.
Aluminum foil and foil take-	Empty containers.	No foil-lined cardboard take-out containers or lids
out containers		
	For milk, cooking oil,	* No jugs for flavoured tea, juice, other
	laundry detergent and fabric	beverages (take to Return-It depot
	softener, cleaning solutions, cleaning products, body care	deposit refund)
	products, windshield washer	
	fluid, etc.	
P		
	Empty and rinse jugs. Labels	
	OK. Remove caps and place	
Plastic jugs with screw tops	loose in recycling container.	
	For food, dish soap,	* No beverage bottles (return for deposit
	mouthwash, shampoos,	refund)
	conditioners and other personal care products, pills	* No stand up pouches
_	and vitamins, household	* No containers for motor oil, vehicle
	cleaners, automotive	lubricant, or antifreeze products (Call
	cleaners, e.g., glass cleaner,	the RCBC Hotline 1-800-667-4321 or check Recyclepedia)
	windshield washer fluid,	
	laundry products, etc.	
	Plastic bottles have screw	
	caps or spray, pump or pull- up tops. Empty and rinse	
	bottles. Labels OK. Remove	
	caps, spray pump and pull-	
	up tops, and place loose in	
Plastic bottles and caps	recycling container.	
	For peanut butter, jam, nuts,	
	condiments, vitamins and	
	supplements, personal care	
	products and cosmetics, pharmaceuticals, etc.	
	Plastic jars have wide	
	mouths with screw-top lids.	
	Empty and rinse jars. Labels	
	OK. Remove lids and place	
Plastic jars and lids	loose in recycling container.	



Containers (cont.)

MMBC MATERIALS LIST

MATERIAL	DESCRIPTION	NOT ACCEPTED
	For baked goods, fruit, produce, eggs, etc.	 No packaging labelled biodegradable or compostable
	Containers are clear with hinged or click-closed tops. Labels OK. Empty and rinse	
Plastic clamshells	containers.	
	For deli chicken, single serve meals, prepared foods, baked goods, housewares and hardware, e.g. screws, picture hangers, etc.	 No foam white or coloured trays (take to MMBC recycling depot) No liquid-absorbing pads No plastic wrap for meat, poultry, fish or cheese, etc.
Plastic trays and tops	Containers are clear or have black bottom trays with clear domes. Empty and rinse trays.	 No plastic blister packs, e.g., plastic/ foil protective packaging for items like chewing gum and pills or plastic/paper packaging for batteries, toothbrushes, etc.
	For products such as	× No plastic wrap
	margarine, spreads, dairy products such as yogurt,	 No packaging labelled biodegradable or compostable
	cottage cheese, sour cream, ice cream, etc.	 No plastic or foil lids from coffee and tea pods
	<i>Empty and rinse tubs.</i> <i>Remove lids and place loose</i> <i>in recycling container.</i>	
Plastic tubs and lids	For single use coffee and tea pods: Empty and rinse pods. Remove lids and do not include lids with recycling.	
	Beverage take out cups	No foam cups (take to MMBC recycling depot)
	Empty and rinse cups. Remove lids and place loose	 No packaging labelled biodegradable or compostable
Plastic cold drink cups with lids	in recycling container.	× No paper napkins
	For bedding plants, seedlings, vegetable plants, etc.	 No ceramic plant pots No lawn edging, tarps, plastic furniture or toys
	Remove residue from garden	No garden hosesNo plastic string or rope
Plastic garden pots and trays	pots and trays.	,



Containers (cont.)

MMBC MATERIALS LIST

MATERIAL	DESCRIPTION	NOT ACCEPTED
	For laundry detergent, ice cream, pet food, etc.	 No plastic paint cans (Call the RCBC Hotline 1-800-667-4321 or check Recyclepedia)
	Container size is less than	* No plastic pails larger than 25L
	25L.	 No pails for lubricants and oils (Call the RCBC Hotline 1-800-667-4321 or
Plastic pails		check Recyclepedia)
	For soups and entrees	* No bowls with metal rims
	Remove lids and place loose in recycling container.	* No paper napkins
Microwavable bowls & cups		

Glass (May be collected separately from curbside or multi-family buildings - check with your collector)

MATERIAL	DESCRIPTION	NOT ACCEPTED
Non-deposit glass bottles and jars	Clear or coloured Consult with your recycling collector for instructions. <i>Empty and rinse bottles and</i> <i>jars. Labels OK</i>	 No drinking glasses, dishes, cookware, whole or broken window glass or mirrors No ceramic products No deposit glass bottles (take to Return-It depot for deposit refund)



Plastic Bags and Film (Depot Only)

MATERIAL	DESCRIPTION	NOT ACCEPTED
Plastic bags and overwrap	Plastic bags for groceries and dry cleaning; bags for bread, newspapers and flyers; pre-washed salad bags; bags for produce and dry bulk foods; frozen vegetable bags; outer wrap for soft drink can flats; water softener salt, wood pellet and garden product bags; outer bags for diaper and feminine hygiene products; overwrap on mattresses, furniture and electronic equipment	 No crinkly cellophane wrap, e.g., for tea, floral arrangements No kitchen stretch wrap or plastic wrap for meat, poultry, fish or cheese No zipper-lock bags No plastic shipping envelopes No plastic bags labelled biodegradable or compostable No multi-layer, laminated plastic packaging, e.g. for bacon, deli meets, cheese slices, etc. No plastic bubble packaging No lumber or construction wrap No potato chip or snack bags No garbage bags (all colours)
i lastic bays and over wrap		

Foam (Depot Only)

MATERIAL	DESCRIPTION	NOT ACCEPTED
Plastic foam containers and trays	Clean meat trays; foam egg cartons; foam clamshells, cups and bowls for take-out food, etc. Separate coloured and white plastic foam	 No liquid-absorbing pads No shrink wrap for meat, poultry, fish, cheese, etc. No paper napkins
	To protect electronics, small appliances, etc.	No foam peanuts, packing chips or noodles
	Separate colour and white plastic foam	 No blue or pink foam board insulation No labels, tape, paper and cardboard on foam packaging
Plastic foam cushion packaging		



MMBC MATERIALS LIST